



CONGRESS PROGRAM



Room A

10:00 – 10:15 OPENING SESSION

10:00 – 10:15 Welcome
Professor Barbara Zegarska, MD PhD. habilitated; Marcin Ambroziak, MD PhD.

10:15 – 11:45 ROOM A ACNE AND OTHER DERMATOLOGICAL PROBLEMS

Professor Małgorzata Sokołowska-Wojdyło, MD PhD. habilitated; Professor Łukasz Matusiak, MD PhD. habilitated; Professor Beata Bergler-Czop, MD PhD. habilitated

10:15 – 10:30 Combination therapy for rosacea, including botulinum toxin treatment
Katerina Blahuta, MD PhD

10:30 – 10:45 When to apply retinoids and how to dosage?
Professor Beata Bergler-Czop, MD PhD. habilitated

10:45 – 11:00 When it is worthwhile to prescribe contraception for teenagers and why?
Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated

11:00 – 11:15 Inverse acne – a chronic problem
Professor Łukasz Matusiak, MD PhD. habilitated

11:15 – 11:30 Skin microbiota and its interaction with gut microbiota
Marzena Perzanowska-Stefańska, MD PhD. habilitated

11:30 – 11:45 Lasers in acne treatment
Justyna Milewska, MD

Room B

10:15 – 12:00 BUSINESS SESSION

10:15 – 10:30 A narcissist and aesthetic medicine – the perfect look as a trap?
Jagna Ambroziak

10:30 – 10:45 How doctors lose 30% of their income... without knowing it
Izabela Stanisławiszyn

10:45 – 11:00 Male patient in a clinic. An untapped potential worth millions
Anna Wykurz, Magdalena Wójcik

11:00 – 11:15 How to protect a doctor against Internet slander?
Adw. Michał Gajda

11:15 – 11:30 Advertisement and information about medicinal products and medical devices
Legal counsellor Jan Szulc, PhD.; editor Andrzej Gross, MA in legal sciences

11:30 – 11:45 Company management with an iPhone – automation of a clinic management
Grzegorz Jaskiewicz

11:45 – 12:00 Why does a patient sue a doctor? An effective strategy in an aesthetic medicine clinic in case of patient legal claims
Attorney Karolina Seidel

Room A

11:45 – 14:00 NEAUVIA GRANT

11:45 – 12:30 The secret of a youthful look – innovations in periocular area
Zoran Rizinski, MD

12:30 – 13:15 Biostimulation as the key to natural rejuvenation to natural rejuvenation and regeneration
Agnieszka Walczak – Cieślukowska, PhD; Raquel Fernandez, MD

13:15 – 14:00 Lips in the leading role – less is more
Joanna Bielska Gawron, MD; Marta Rybarkiewicz, MD

Room B

12:00 – 14:00 IADE ALERT SESSION

- 12:00 – 12:15 Complications seen with the use of intense pulsed light sources exosomes in treatment
laser complications
Maria Tryfonova, PhD
- 12:15 – 12:30 Should the past of aesthetic treatments affect our choices? To avoid or to risk?
Joanna Czuwara, MD PhD habilitated
- 12:30 – 12:45 The causes of breast surgery failures
Piotr Gierej, MD PhD
- 12:45 – 13:00 New ultrasound category increasing the safety of injection treatments
Marcin Ambroziak, MD PhD

13:00 – 14:00 ALLERGAN GRANT

- 13:00 – 14:00 Forehead, temples, periocular area, advanced techniques of injection in the upper face
Agnieszka Zwolińska, MD PhD, Sylwia Lipko-Godlewska MD PhD

Small Room CASINO

12:20 – 13:50 YOUNG SPEAKERS' SESSION / YOUNG TALENTS INCUBATOR

Jury: Ida Matusiak, MD PhD; Anna Skory Szandrowska, MD PhD; Ewa Duchnik, MD PhD;
Julia Sieczych, MD

- 12:20 – 12:30 How to cope with aesthetic dermatology – the significance of social media
Ida Matusiak, MD PhD
- 12:30 – 12:40 Onco-aesthetics – how aesthetic medicine supports oncological patients
Adam Wełniak, MD
- 12:40 – 12:50 Insulin resistance induced acne – literature and survey studies
Michalina Jarzemska, MD
- 12:50 – 13:00 Aesthetic correction in advanced cicatricial alopecia
Anna Skory – Szandrowska, MD
- 13:00 – 13:10 Skin histology and immunology after aesthetic dermatology procedures – which of them really work?
Piotr Nawrot, MD
- 13:10 – 13:20 Rhinophyma – a case study: 67-year old male patient with an acne rosacea-induced extensive tumor-like lesion of the external nose
Jakub Zblewski, MD
- 13:20 – 13:30 Medicine and cosmetology synergy – how the collaboration of a doctor and cosmetologist affects the efficiency of stimulating procedures
Paula Truszkowska, MD
- 13:30 – 13:40 A case of combination therapy of melasma (laser therapy and tranexamic acid mesotherapy) – the role of dermatoscopy
Anna Słomiak-Wąsik, MD
- 13:40 – 13:50 Prediction of the results of port-wine stains treatment with the use of imaging and neuron network
Lek. Michał Paprocki, MD

Room A

14:00 – 14:30 GALDERMA GRANT

- 14:00 – 14:30 How to restore skin firmness after weight loss – PLLA-SCA™: Power of 3
Marcin Ambroziak MD PhD; Anna Telenga, MD; Neha Sarcevic, PhD

Room B

14:00 – 15:00 IBSA GRANT

14:00 – 15:00 My approach towards level-oriented face rejuvenation
Bożena Jendrysik, MD

Small Room CASINO

14:00 – 15:00 INNMEDIS GRANT
Doctor, I do not want a long downtime

ASCEplus exosomes: treatment of choice for atopic and problematic skin in aesthetic medicine.

The application and effects – case study
Agnieszka Kondraciuk, PhD

ASCEplus HRLV exosomes in androgenic and telogen alopecia and alopecia areata
Aleksandra Szlachcic, MD PhD.

How and for what purpose were exosomes created in aesthetic medicine?
Byong Cho

#ICNeedeling
Hanna Łotarewicz MSc

Small Room CASINO

15:00 – 16:00 BUSINESS WORKSHOP

15:00 – 16:00 Aesthetics 2.0: How to design an offer which attracts men (and increases profits)? Practical advice for creating dedicated services, packages and communications which respond to specific men's expectations and increase the services' value
Anna Wykurz, Magdalena Wójcik

Room A

14:30 – 15:30 URGO AESTHETICS GRANT

14:30 – 14:42 Alleviation of glycation and oxidative stress in aesthetic medicine. Recent studies
Robert Chmielewski, MD

14:42 – 14:54 Identification of the risk factors of secondary resistance to botulinum toxin in aesthetic and therapeutic indications
Bożena Czeakańska – Smykalla, MD

14:54 – 15:11 The power of hybrid – spectacular effects or a new trend?
Job Thus, PhD

15:11 – 15:30 May collagen force be with you! How to gain the maximum collagen force for rejuvenated look? My cases
Małgorzata Kocot, MD

15:30 – 17:00 VIVACY GRANT
Moderator: Marcin Ambroziak, MD PhD

15:30 – 17:00 Redefining Beauty: Aesthetic Strategies for the GLP-1 Patient
Massimiliano Leporati, PhD; Anna Grodecka, MD; Natalia Romanowska, MD

Room B

15:00 – 17:15

NEW TECHNOLOGIES PART 1**Combination therapies and innovations in energy-based devices**

Bartłomiej Kwiek, MD PhD. Habilitated; Maciej Krajewski, MD PhD

15:00 – 15:15

Light & Bright Protocol by Candela as a perfect response to skin ageing - my own experience in combined therapy using broadband light and fractional lasers

Maria Tryfonova, MD

NOVA GROUP GRANT

15:15 – 15:30

NitroSkin Procedure – a new paradigm in anti-aging therapies

Asaph Slivkovitz, PhD

INTOBEAUTY GRANT

15:30 – 15:45

Quantum molecular resonance (QMR)

Bartosz Pawlikowski, MD

NEAUVIA / ITP S.A. GRANT

15:45 – 16:00

The use of exosomes in laser therapy – golden standard of combined treatment

Anna Ryczek, MD

GRANT FIRMY CROMA

16:00 – 16:15

Jet-Peel high-pressure mesotherapy in comprehensive therapy of the scalp

Wiktoria Odrzywołek MD PhD

SHARPOL GRANT

16:15 – 16:30

The administration of poly-L-lactic acid with the use of a erb:yag laser-powered system

Katarzyna Łukowska, MD

16:30 – 16:45

Full-thickness Skin Rejuvenation by a Novel Dual-Length Microblade RF Device in eye area

Sang June Rhee, MD

INNMEDIS GRANT

16:45 – 17:00

Collagen Banking

Julio Morales, PhD

SOLTA MEDICAL GRANT

17:00 – 17:15

RF microneedles – advanced treatment of the lower face and neck

Luis Campos Martinez, PhD

SHARPOL GRANT

Small Room **CASINO**

16:10 – 18:00 **YOUNG SPEAKERS' SESSION / YOUNG TALENTS INCUBATOR**

Jury: Ida Matusiak, MD PhD.; Anna Skory Szandrowska, MD; Ewa Duchnik, MD PhD.; Julia Sieczych MD

- 16:10 – 16:20** Post-serum disease after PRP
Zuzanna Świerszczewska
- 16:20 – 16:30** The application of new imaging techniques in skin and adnexal surgery
Jakub Żółkiewicz, MD
- 16:30 – 16:40** Botulinum toxin in the treatment of gingival smile – diagnostics, adequate patient qualification and case analysis
Maria Liszewska, MD
- 16:40 – 16:50** AI in aesthetic medicine
Ewa Kusiba - Foryt, MD
- 16:50 – 17:00** A comparative study, randomized with left and right side, concerning the safety, tolerance and efficiency of two 532 nm large spot lasers: one with contact cooling and the other with cryo-spray cooling in the treatment of vascular lesions in acne rosacea
Paulina Petrosyan-Chrościcka
- 17:00 – 17:10** The use of broadband light and diode-thulium lasers laser in the treatment of pigmentation and vascular lesions – individualized therapy for optimal skin quality – a study of the cases from our clinic
Krzysztof Cudzik, MD PhD
- 17:10 – 17:20** Autologous filler – a natural restoration of volume
Jacek Nowak, MD PhD.
- 17:20 – 17:30** The use of innovative combined techniques in the treatment of scars
Malwina Drain, MD
- 17:30 – 17:40** Modern strategies for increasing fat tissue retention after lipotransfer – the role and directions of use of growth factors and biomaterials
Wiktor Możarowski, MD
- 17:40 – 17:50** (Non)fillers of the pectoral area – clinical cases
Tomasz Masłowski, MD
- 17:50 – 18:00** The place of hyperbaric oxygen chamber in aesthetic medicine
Joanna Luks-Bednarczuk, MD

Room **A**

17:00 – 19:15 **POUR HOMME**

Joanna Przetakiewicz, Jakub Bukowczan, MD PhD; Marcin Ambroziak, MD PhD

- 17:00 - 17:15** Male face contouring
Małgorzata Kocot, MD
- 17:15 - 17:30** Geometric contouring of male face
Łukasz Ordynowski, MD
VIVACY GRANT
- 17:30 - 17:45** Androgen deficiency – men's problem
Professor Tomasz Drewa, MD PhD. habilitated
- 17:45 - 18:00** Do men like wearing glasses?
Professor Jacek Szaflik
- 18:00 - 18:15** MMidface lift – elegant form of lifting for male patients
Ewa Woźniak -Roszkowska, MD PhD
- 18:15 - 18:30** What do men want? Jawline modelling and definition in male patients
Olha Melnychuk MD
- 18:30 - 18:45** Male lips – the things which you will not find in any coursebook
Monika Goroszevska, MD
FILLMED GRANT
- 18:45 - 19:00** Not pretty, yet interesting. Hyaluronic acid in the male version
Karolina Górka, MD
- 19:00 - 19:15** Improving the jawline: orthognatic surgery vs. face lift
Massimiliano Leporati, MD

Room B**17:15 – 18:15 BTL GRANT**

17:15 – 18:15 Longevity begins with the mind: conscious neuro-training workshop
Tomas Boleslavsky

18:15 – 19:15 SOLTA MEDICAL GRANT

18:15 – 19:15 Endogenous volumetry and collagen remodeling: skin density modulation by means of volumetric heating of collagen fibers
Julio Morales, PhD

WHITE ROOM – LIVE PROCEDURES

11:15 – 12:15 Two women, two lip types and one aim. And what about the leading role?
– A story of one pair of lips - FILLMED
Monika Goroszezewska, MD

12:25 – 12:45 Ultrasound-guided masseter injection
Natallia Romanowska, MD

14:15 – 14:45 Croma revitalis +Vajtal Injector 2 – a perfect homme mesotherapy procedure - CROMA
Anna Laprus, MD

15:15 – 16:15 Hidden HA lift - small volumes and great outcomes INFINI PREMIUM FILLER
Professor Noura Lebbar

16:30 – 17:30 Dual-plane RF targeted at the papillary dermis with simultaneous injection of PDRN stimulator.
Double title + Pluryal DENSIFY - INNMEDIS
Sang June Rhee, PhD

19:15–21:00 **Cocktail reception for participants in the exhibition space.**

Room A

8:00 – 8:45

CASE PRESENTATIONS

Luiza Marek-Józefowicz, MD PhD.; Michał Sobjanek, MD PhD. habilitated, professor at the Medical University of Gdańsk; Joanna Magdziarz-Orlitz, MD PhD.

8:00 – 8:05

Btx administered into paraspinal muscles in a patient with C6, C7 instability
Łukasz Rdzanek, MD

8:05 – 8:10

Can demodex infection may lead to a dangerous complication of botulinum toxin?
Joanna Magdziarz-Orlitz, MD PhD

8:10 – 8:15

HA injection induced inflammatory reaction treated with svf transfer
Lek. Anna Mich

8:15 – 8:20

New application of a popular product for the treatment of giant keloids
Julita Zaczyńska-Janeczko, MD PhD

8:20 – 8:25

Rare complications after treatment with PDO threads
Magdalena Górecka-Sokołowska, PhD

8:25 – 8:30

RInflammatory reaction after treatment with polynucleotides
Kamila Skrętkowicz-Szarmach, MD PhD

8:30 – 8:35

Regeneration medicine – safety and natural effects after the application of autologous tissue
Andrzej Ignaciuk, MD

8:35 – 8:40

Melanoma in pregnant patients
Michał Sobjanek, MD PhD. habilitated

8:40 – 8:45

Local atrophy after the administration of HA – a case study
Luiza Marek-Józefowicz, MD PhD

Room B

8:00 – 9:00

PLASTIC SURGERY SESSION – PART 1

Mateusz Koziej, MD PhD habilitated; Wojciech Rogowski, MD PhD habilitated;
Wojciech Adamski, MD PhD

8:00 – 8:15

Preservation rhinoplasty – nasal correction technique preserving anatomical structures
Mateusz Koziej, MD PhD habilitated

8:15 – 8:30

Breast reduction after pregnancy
Zofia Bochen, MD

8:30 – 8:45

Not only basal cell carcinoma – i.e. rare tumors of the eyelid skin
Wojciech Adamski, MD PhD

8:45 – 9:00

Skin cancer radiotherapy
Wojciech Rogowski, MD PhD

Room A

8:45 – 10:30

BOTULINUM TOXIN

Joanna Czuwara, MD PhD. habilitated; Sylwia Lipko-Godlewska, MD PhD; Magdalena Korwin, MD

8:45 – 9:00

Recent reports in mimic muscles anatomy on the basis of MRI
Mateusz Koziej MD PhD. habilitated

9:00 – 9:15

How to repair something that went wrong?
Dr n. med. Sylwia Lipko-Godlewska

9:15 – 9:30

Are the strength and long action of botulinum toxin the most important factors influencing patient satisfaction?
Sylwia Lipko-Godlewska, MD PhD

GRANT FIRMY ALLERGAN

9:30 – 9:45

Neuromodulators diffusion – let us talk about facts
Joanna Czuwara, MD PhD. habilitated

9:45 – 10:00

Micro-toxin lift
Dalia Chrzanowska, MD

10:00 – 10:15

New protocol of the treatment of horizontal forehead wrinkles LEBO techniques
Bartłomiej Sobolewski, MD

10:15 – 10:30

Application of botulinum toxin in facial nerve palsy
Katerina Blahuta, MD

Room B

9:00 – 10:30 **COMPLICATIONS**

Aneta Szczerkowska-Dobosz, PhD. habilitated; Ewa Kaniowska MD PhD,
Professor Romuald Olszański, MD PhD. habilitated

- 9:00 – 9:15 Malar edema
Professor Wioletta Barańska-Rybak, MD PhD. habilitated
- 9:15 – 9:30 Rare complications after the HA filler injections
Jacek Nowak, MD PhD
- 9:30 – 9:45 Tatoo removal – my own successes and failures
Aneta Szczerkowska-Dobosz, PhD. habilitated
- 9:45 – 10:00 Complications in the lower lid area after the injection of topical agent
Professor Romuald Olszański, MD PhD. habilitated
- 10:00 – 10:15 When beauty becomes a risk, i.e. can ultrasound help us avoid aesthetic failures?
Barbara Parda Głomska, MD
- 10:15 – 10:30 Efficient prevention of complications – the role of Clinisept+
Hrvoje Reil, PhD
INTO BEAUTY GRANT

Small Room **CASINO**

- 9:00 – 10:00 AI in the clinic of the future: from a personal assistant to a strategic partner in medical business
Arek Urban
- 10:00 – 10:20 Workshop
Grzegorz Jaskiewicz

Room A

KEYNOTE LECTURE

- 10:45 – 11:15 **Why males live shorter than females?**
Professor Jan Dumański

Small Room **CASINO**11:30 – 12:00 **EUROSCALEMED GRANT**

- 11:30 – 12:00 Tulium laser with no secrets – Q&A session
Katarzyna Piaseczna MSc

Room A

11:15 – 12:15 **GALDERMA GRANT**

- 11:15 – 12:15 Step into the future of neuromodulation: reach for more. The efficiency of relabotulinum confirmed with patient examples
Neha Sarcevic PhD; Joanna Czuwara MD PhD habilitated; Małgorzata Markuszewska MD;
Magdalena Korwin MD

12:15 – 13:15 **URGO AESTHETICS SYMPOSIUM**

- 12:15 – 12:45 Recent injection techniques to gain the best results in skin biostimulation – Live injection
Katarzyna Kozłowcz, MD; Robert Chmielewski, MD
- 12:45 – 13:15 The power of a hybrid in skin rejuvenation – live injection
Job Thus PhD; Bożena Czekańska Smykall, MD

Room B

11:15 – 13:15	AUTOLOGOUS THERAPIES AND EXOSOMES IN TISSUE REGENERATION Professor Barbara Zegarska, MD PhD. habilitated; Lidia Majewska, MD PhD., Robert Chmielewski, MD
11:15 – 11:30	Platelet rich plasma PRP: does every drop have its value? Robert Chmielewski, MD INFINI PREMIUM FILLER GRANT
11:30 – 11:45	PLASMOO #SKINCELLS 'Graft from behind the ear' – the potential of fibroblasts at your fingertips Professor Barbara Zegarska, MD PhD. habilitated INNMEDIS GRANT
11:45 – 12:00	Autologous lifebelt, or how to deal with failures and complications in aesthetic medicine Agnieszka Surowiecka, MD PhD. habilitated
12:00 – 12:15	Exosomes – The future of regeneration or a fad for the unknown? The boundaries of science and commerciality in aesthetic medicine Anna Skwarek, MD PhD
12:15 – 12:30	EXOSOME PARADOX – why the exosome products should be verified? Is it really so easy to obtain an exosome molecule Professor Wioletta Barańska Rybak, MD PhD. habilitated
12:30 – 12:45	The SEFFI method – game changer in regenerative medicine Andrzej Ignaciuk, MD INTO BEAUTY GRANT
12:45 – 13:00	PRP and PRF – combined techniques Lidia Majewska, MD PhD
13:00 – 13:15	Ocular area – not only eyelids! The use of autologous reconstructive therapies in regenerative surgery of the upper and mid face Jakub Miszczyk, MD

13:15 – 13:45 Lunch

Small Room CASINO

12:15 – 13:15	INNMEDIS GRANT It's all about Papillary Dermis! Is the stimulation of the papillary dermis responsible for the entire skin rejuvenation process? DEEP OR SUPERFICIAL? - how does the depth of injection of active substances affect skin and hair stimulation? Sang June Rhee, MD DOUBLE TITLE: first two-level thermal modulation with targeted injection into the dermis – efficiency and safety based on histological studies Sang June Rhee, MD Autologous procedures: PLASMOO - the world's first combined PRP+PRF protocol in polytherapy with double needle RF Aleksandra Szlachcic, MD PhD. habilitated
14:00 – 15:15	HYALUAL GRANT
14:00 – 15:15	100% natural and biodegradable filler based on agarose Harris Vrettou, PhD
15:15 – 15:45	GRANT FIRMY SESDERMA
15:15 – 15:45	EXOSSES LB – innovative connection of exosomes <i>Lacillobacillus brevis</i> with nanotechnological rejuvenating cocktail in regenerative procedures Professor Barbara Zegarska MD PhD
16:00 – 17:00	INFINI PREMIUM FILLER GRANT
16:00 – 17:00	360° body aesthetics – advanced techniques of volume and skin tone regeneration Professor Noura Lebbar

Room A	
13:45 – 18:15	FACE IS MORE THAN JUST LIPS Danuta Nowicka, MD PhD. habilitated, associate professor at the Academy of Physical Education; Marek Jankowski, MD PhD.; Natalia Romanowska MD
13:45 – 14:00	Aesthetic map of the face Marek Jankowski, MD PhD
14:00 – 14:15	Combined therapies in the treatment of post-acne scars Jochen Badouin PhD NEAUVIA GRANT
14:15 – 14:30	A Patient with Hashimoto – the perspective of an endocrinologist and aesthetic medicine doctor in the light of clinical trials Katarzyna Bornikowska, MD NEAUVIA GRANT
14:30 – 14:45	Pappilary dermis a new target for skin regeneration? Non–ablative regenerative protocols for surgery and aesthetics Sang June Rhee, MD
14:45 – 15:00	Evidence-based bioregeneration Ferial Fanian PhD FILLMED GRANT
15:00 – 15:30	Prophilu and Prophilu Structura: Unlocking the Power of Synergy for a Multilayer Approach Domenico Romano, MD IBSA GRANT
15:30 – 15:45	Moisturization and revitalization – together or apart? Izabella Jeleńska – Draim, MD CROMA GRANT
15:45 – 16:00	Relaxation, regeneration, remodeling: three pillars of modern neck therapy Kamil Pielaszkiewicz MD REGENOVA THERAPEUTICS GRANT
16:00 – 16:15	Discover SKIN 360 brand – multimodal approach to skin quality Sylwia Lipko-Godlewska, MD PhD ALLERGAN GRANT
16:15 – 16:30	SKIN 360 brand in clinical practice Sylwia Lipko-Godlewska, MD PhD ALLERGAN GRANT
16:30 – 16:45	Recombined enzymes in the practice of aesthetic medicine doctor Robert Chmielewski, MD PB SERUM GRANT
16:45 – 17:00	Lip lift – indications and limitations Ewa Woźniak-Roszkowska, MD PhD
17:00 – 17:15	From the needle to the skin. Rheological properties of HA-based fillers and their effect on the treatment outcomes Ferial Fanian, PhD FILLMED GRANT
17:15 – 17:30	Fillers in the eye area - possibilities and limitations Magdalena Korwin, MD
17:30 – 17:45	Hyaluronidase: qualification and injection dosage at lip correction Natallia Romanowska, MD
17:45 – 18:00	Lips & more – holistic perspective of the patient Mariola Gałązka PhD ALLERGAN GRANT
18:00 – 18:15	Immunosenescence and inflammation in skin ageing Danuta Nowicka, MD PhD.

Room B

13:45 – 16:15 NEW TECHNOLOGIES PART 2**The use of lasers and EBD in the process planned for years**

Bartłomiej Kwiek, MD PhD. habilitated; Aleksandra Szlachcic, MD PhD. habilitated; Marta Tazbir, MD

13:45 – 14:00 The earlier, the better? Laser therapy for skin lesions and skin diseases in children
Julia Sieczych, MD

14:00 – 14:15 Skin rejuvenation as a side-effect of long-term laser therapy of skin conditions
Marta Tazbir, MD

14:15 – 14:30 Sebeselective laser 1726 nm – a breakthrough in the approach to acne treatment
Bartłomiej Kwiek, MD PhD. Habilitated
BOGDANI GRANT

14:30 – 14:45 Once, yet intensive, or many times, yet gentle? The optimal skin regeneration program using EBD
Agnieszka Bańka-Wrona, MD PhD

14:45 – 15:00 Versatility in rejuvenation and treatment of skin lesions using advanced laser technology
Pablo Naranjo MD
ITP S.A. GRANT

15:00 – 15:15 Photoaging and photocarcinogenesis – laser therapy for skin ageing and prophylaxis of skin cancers
Bartłomiej Kwiek, MD PhD. habilitated

15:15 – 15:30 Thulium laser application – own experience
Jerzy Iskrzycki, MD
BOGDANI GRANT

15:30 – 15:45 Fraxel Thinking: mirco-areas of the great changes – a modern approach to skin remodeling without ablation
Maciej Krajewski, MD PhD
SOLTA MEDICA GRANT

15:45 – 16:00 CO₂ and er:glass 1570 nm laser synergy in fractional in IMPACT fractional ultrasound emission – a breakthrough in skin regeneration and scar reduction
Pablo Naranjo, PhD
NEAUVIA GRANT

16:00 – 16:15 Combined treatments for the face rejuvenation (RF microneedles, IPL, hydroxyapatite, PLLA)
Luis Campos Martinez, PhD
SHARPOL GRANT

16:15 – 18:15 PLASTIC SURGERY – PART 2

Piotr Drozdowski, MD PhD., Marek Szczyt, MD; Maciej Ambroziak, MD

16:15 – 16:30 Temple eyebrow lift: possibilities and limitations vs aesthetic medicine
Paweł Pióro, MD

16:30 – 16:45 Advances in rhinosurgery in the context of innovations in plastic surgery
Piotr Drozdowski, MD PhD

16:45 – 17:00 Post pregnancy treatment for women – Mummy makeover
Marek Szczyt, MD

17:00 – 17:15 Revision body contouring surgery after unsatisfactory results
Massimiliano Leporati, MD

17:15 – 17:30 Difficult breast operations
Piotr Gieraj, MD PhD. habilitated

17:30 – 17:45 Dermoscopy before and after surgical interventions
Professor Grażyna Kamińska-Winciorek, MD PhD. habilitated

17:45 – 18:00 Abdominoplasty after pregnancy
Artur Pasternak, MD

18:00 – 18:15 A false friend – or how to avoid problems in aesthetic medicine office
Wojciech Adamski, MD PhD

WHITE ROOM – LIVE PROCEDURES

- 9:30 - 10:30** 1927 nm thulium laser combined with #ICEneedeling using ASCEplus exosomes
Thullin + Targetcool + ASCEplus egzosomes - INNMEDIS
Hanna Łotarewicz, MSc
- 10:45 - 11:45** Two faces of male lips - procedures in two patients - FILLMED
Lek. dent. Monika Goroszeńska
- 12:00 - 13:00** VIVACY
Natalia Romanowska, MD
- 13:45 - 14:45** URGO RESTEEME
- 14:50 - 15:50** URGO - RADIESSE
- 16:00 - 16:30** #saylips with CROMA / saypha lips Lidocaine - CROMA
Olha Melnychuk, PhD
- 16:30 - 17:00** #HydroGlow live injection - CROMA
Izabella Jeleńska- Draim, PhD
- 17:10 - 18:10** NitroSkin procedure with the title of "The Procedure of the Year" - is it possible without pain and downtime" - INTO BEAUTY
Asaph Slivkovitz , PhD; Anna Pęczalska, PhD

20:30 Congress dinner

Room A

9:00 – 10:30 **HYPERPIGMENTATION AND VASCULAR LESIONS**

Professor Mariola Marchlewicz, MD PhD. habilitated; Dorota Roguś-Skorupska, MD PhD.; Aleksandra Szlachcic MD PhD. habilitated

9:00 – 09:15 Erythematous lesions and hyperpigmentation as a problem for menopausal women
Professor Barbara Zegarska, MD PhD. habilitated

9:15 – 09:30 Hyperpigmentation – a chronic problem
Dorota Roguś-Skorupska, MD PhD

9:30 – 09:45 Peeling for hyperpigmentation
Ewa Duchnik, MD PhD

9:45 – 10:00 Which lasers and when – when to apply them and when not
Aleksandra Szlachcic, MD PhD. habilitated

10:00 – 10:15 Lasers in chloasma treatment: nano or pico?
Alicja Rustowska-Rogowska, MD PhD.

10:15 – 10:30 Modern treatment of vascular malformations
Marcin Bieńkowski MD PhD

Room B

9:00 – 10:30 **AESTHETIC DENTISTRY**

Professor Iwona Niedzielska, MD PhD. habilitated; Martyna Sławińska MD PhD. habilitated, associate professor of the Gdańsk Medical University; dentistry doctor Iwona Gnach Olejniczak

9:00 – 09:15 Masseters – everything about treatment
Łukasz Rdzanek, MD

9:15 – 9:30 Ultrasound guided botulinum toxin application for masseters and DAO
Natalia Romanowska, MD

9:30 – 09:45 Lips in the shadow of occlusion – how dentistry determines filler effects
Monika Goroszeńska MD

9:45 – 10:00 Maxillofacial individual implants
Professor Iwona Niedzielska, MD PhD. habilitated

10:00 – 10:15 Botulinum toxin for salivary glands pathologies
Bartłomiej Sobolewski, PhD

10:15 – 10:30 Mucosal dermoscopy
Martyna Sławińska MD PhD. habilitated, associate professor of the Gdańsk Medical University

Small Room CASINO

10:30 – 11:00 **SCIENCE 4 BEAUTY GRANT**

10:30 – 11:00 Conotoxin – from the venom of sea snail to clinically studies cosmeceutics Miorelaxant Magi
Anna Mazurkiewicz Pisarek, PhD

Room A

10:30 – 12:00 AESTHETIC GYNECOLOGY SESSION

Chair: Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated; Maciej W. Socha, MD PhD. habilitated

- 10:30 – 10:45** Can a gynecologist assist in finding pleasure?
Agnieszka Nalewczyńska, MD
- 10:45 – 11:00** Posterior vaginal wall repair in aesthetic gynecology
Maciej W. Socha, MD PhD. habilitated
- 11:00 – 11:15** The whole truth about sexuality in menopause – has a cure been found?
Or perhaps a miracle treatment?
Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated
- 11:15 – 11:30** New techniques for vulvar rejuvenation
Agnieszka Nalewczyńska, MD
- 11:30 – 11:45** How modern technologies support wellbeing and quality of life of menopausal women following the longevity idea
Marta Tazbir, MD
- 11:45 – 12:00** Combination of Hi-tech and surgical techniques in aesthetic gynecology.
Based on Author's own research
Michał Leśniak, MD PhD

Room B

10:30 – 11:45 BODY

Marcin Bieńkowski, MD; Krzysztof Miracki, MD; Anna Telenga, MD

- 10:30 – 10:45** Advanced body contouring and skin revitalization strategies
Krzysztof Miracki, MD
- 10:45 – 11:00** Two bellies are never the same. How to individualize Poly-L-lactic acid treatments in the abdominal area
Anna Telenga, MD
- 11:00 – 11:15** Buttocks modelling with Poly-L-lactic acid
Darina Korbutiak, MD
- 11:15 – 11:30** What works on the body, or alternatives to surgical body contouring
Marcin Bieńkowski, MD
- 11:30 – 11:45** Ozempic body management
Aleksandra Antolak MD

Room A

12:00 – 13:30 Poly-L-lactic acid and other stimulators – can they give side effects?

Vladlena Averina, MD, Julia Sieczyk MD PhD, Kamila Skrętkowicz-Szarmach, MD PhD

- 12:00 – 12:15** Fan-technique of biostimulators administration
Anna Grodecka, MD
- 12:15 – 12:30** PDLLA-stimulated adipogenesis
Bartłomiej Sobolewski, MD
- 12:30 – 12:45** Complications from biostimulators
Vladlena Averina, MD
- 12:45 – 13:00** Photo- stimulators in aesthetic dermatology
Marek Opala MD
- 13:00 – 13:15** HA phenomenon: biological grounds for dominance in tissue stimulation and regeneration
Wojciech Marusza, MD PhD. habilitated
VIVACY GRANT
- 13:15 – 13:30** Is Poly_L-Lactic acid safe?
Julia Sieczyk MD PhD

Room B

11:45 – 13:30

LONGEVITY SESSIONTomasz K. Wojdacz, MD PhD. habilitated; Anna Jeznach-Steinhagen, MD PhD. habilitated;
Jakub Bukowczan, MD PhD.

11:45 - 12:00

GLP1 – can we talk about a revolution in medicine?
Jakub Bukowczan, MD PhD. habilitated

12:00 - 12:15

What is new in pharmacological treatment of obesity
Anna Jeznach-Steinhagen, MD PhD. habilitated

12:15 - 12:30

Inside Out: how microbiota programs our ageing
Professor Tomasz Marlicz

12:30 - 12:45

The significance of epigenetics in “beauty industry”
Tomasz K. Wojdacz, MD PhD. habilitated

12:45 - 13:00

Comprehensive care of the patient with neurodegenerative conditions
Maciej Czarnecki, MD

13:00 - 13:15

Ozempic face management
Jerzy Iskrzycki, MD

13:15 - 13:30

Stress – how to cope
Maurycy Araszkiewicz MD

Room A

13:30 – 15:00

SCARS

Magdalena Dobosz, MD PhD.; Michał Rożański MD PhD.; Maciej Ambroziak, MD

13:30 - 13:45

Algorithms for the treatment acne scars
Michał Rożański, MD PhD

13:45 - 14:00

Keloid treatment
Julia Sieczych MD PhD

14:00 - 14:15

Hybrid non-ablative technologies in the treatment acne scars
Bartłomiej Sobolewski, MD

14:15 - 14:30

Is a pneumatic device effective in scar therapy?
Aleksandra Buller-Rosiak, MD

14:30 - 14:45

Can exosomes stimulated the action of lasers
Karolina Górka, MD

14:45 - 15:00

The approach to new scars
Leszek Blicharz MD PhD

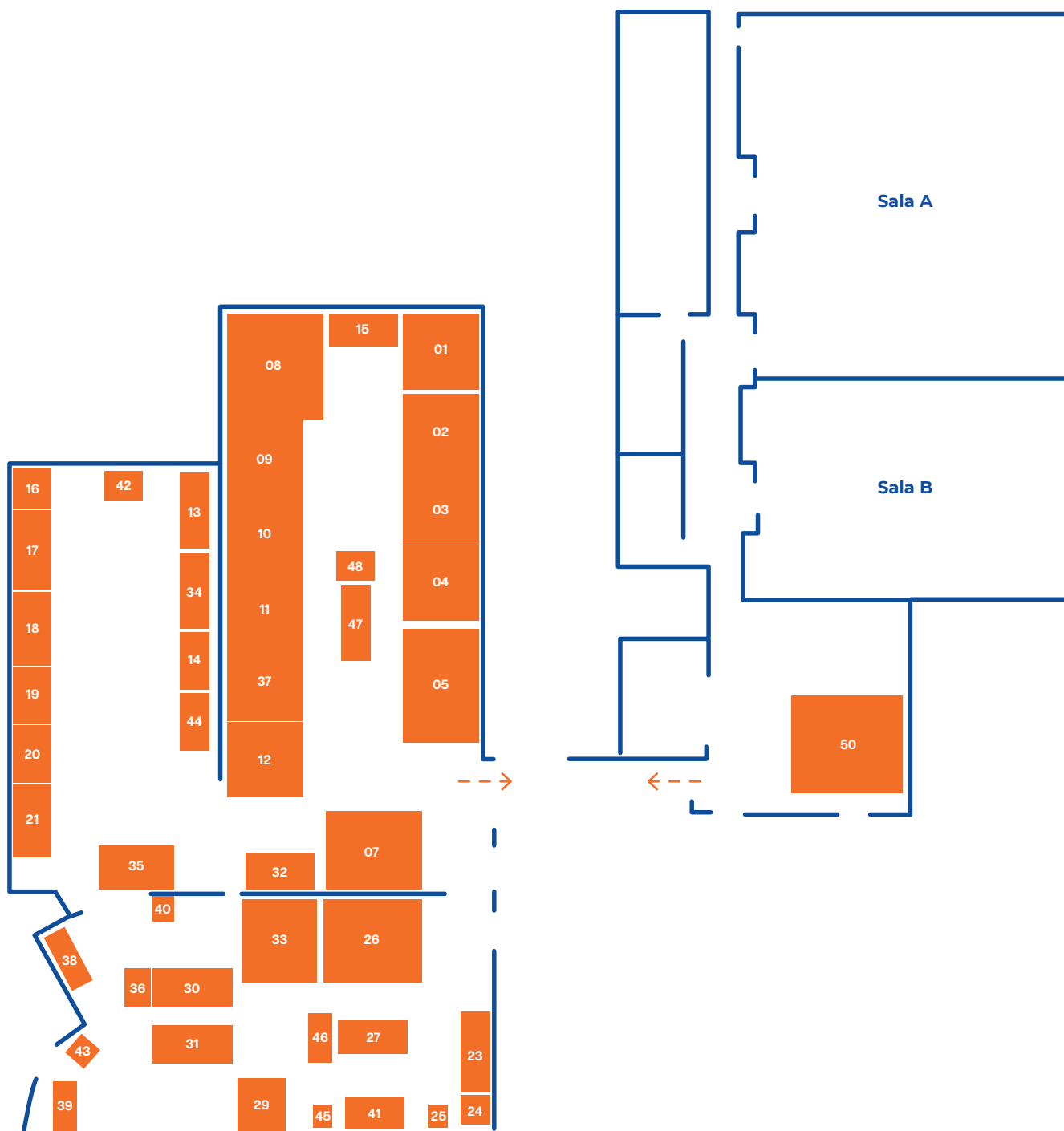
Room B

13:30 – 15:10 SECRET VIDEOS – PRESENTATIONS OF COMPLETE TREATMENTS

- 13:30 - 13:40 Body contouring with botulinum toxin
Julia Volyk MD
- 13:40 - 13:50 TCA CROSS
Michał Rożański, MD PhD
- 13:50 - 14:00 Btx lifting
Dalia Chrzanowska, MD PhD
- 14:00 - 14:10 Knees laxity (combined therapy)
Aleksandra Antolak MD
- 14:10 - 14:20 GLASS SKIN
Marcin Ambroziak MD PhD
- 14:20 - 14:30 LIP FLIP
Julia Volyk, MD
- 14:30 - 14:40 Fat grafts in lower eye-lids
Marcin Ambroziak MD PhD
- 14:40 - 14:50 Gold photothermal therapy in acne treatment
Marek Opala, MD
- 14:50 - 15:00 Penis augmentation with Poly-L-lactic acid
Maria Tryfonova, MD
- 15:00 - 15:10 Penile enlargement with hyaluronic acid
Albert Gugała MD

15:00

CLOSING OF THE CONGRESS



01 - Euroscalemed
02 - Regenova Therapeutics
03 - Sharpol
04 - BTL
05 - Bogdani
07 - Urgo Aesthetics / Merz
08 - Sanprobi
09 - Into Beauty
10 - Nova Group
11 - Solta Medical
12 - Vivacy
13 - Activlab
14 - Indiba
15 - Arthrex
16 - GE Health Care
17 - Metrum Cryoflex
18 - Spectronic

19 - Dermoelite
20 - DMK
21 - Beauty Europe
23 - Innmedis
24 - Medical Brokers
25 - Hyauul
26 - Allergan
27 - Aesthetic Concept
29 - BTMED
30 - Mesoesthetic
31 - Biovico
32 - Sesderma
33 - Croma
34 - ESLT
35 - Bi Natural
36 - Skin Solution
37 - IBSA

38 - Kazaro
39 - Sinclair
40 - Beauty Nova Concept
41 - Medilage
42 - Consultronix
43 - Miralex
44 - Artmed
45 - Innmedis
46 - Esteve
47 - Laboratorium DR Ambroziak
48 - Metodos
50 - Neauvia

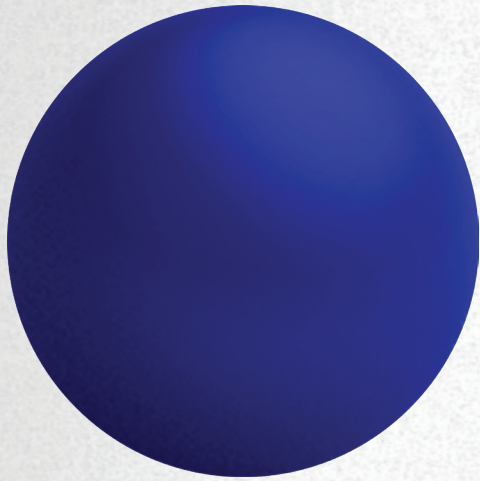
Patio:

49 - Eucerin
51 - Galderma
52 - Infini

NOTES

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NOTES



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