



**FRIDAY 13th JUNE**

| Time          | ROOM A – OPENING SESSION |                                                                               |
|---------------|--------------------------|-------------------------------------------------------------------------------|
| 10:00 – 10:15 | Welcome                  | Professor Barbara Zegarska, MD PhD. habilitated;<br>Marcin Ambroziak, MD PhD. |

| Time          | ROOM A Acne and other dermatological problems<br>Professor Małgorzata Sokołowska-Wojdyło, MD PhD. habilitated;<br>Professor Łukasz Matusiak, MD PhD. Habilitated;<br>Professor Beata Bergler-Czop MD PhD. habilitated |                                                           | Time          | ROOM B – Business session                                                                                              |                                                                              |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| 10:15 - 10:30 | Combination therapy for rosacea, including botulinum toxin treatment.                                                                                                                                                 | Katerina Blahuta, MD                                      | 10:15 - 10:30 | A narcissist and aesthetic medicine – the perfect look as a trap?                                                      | Jagna Ambroziak                                                              |
| 10:30 - 10:45 | When to apply retinoids and how to dosage?                                                                                                                                                                            | Professor Beata Bergler-Czop, MD PhD. habilitated         | 10:30 - 10:45 | How doctors lose 30% of their income... without knowing it                                                             | Izabela Stanisławiszyn                                                       |
| 10:45 - 11:00 | When it is worthwhile to prescribe contraception for teenagers and why?                                                                                                                                               | Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated | 10:45 - 11:00 | Male patient in a clinic. An untapped potential worth millions                                                         | Anna Wykurz                                                                  |
| 11:00 - 11:15 | Inverse acne – a chronic problem                                                                                                                                                                                      | Professor Łukasz Matusiak, MD PhD. habilitated            | 11:00 - 11:15 | How to protect a doctor against Internet slander?                                                                      | Attorney Michał Gajda                                                        |
| 11:15 - 11:30 | Skin microbiota and its interaction with gut microbiota                                                                                                                                                               | Marzena Perzanowska-Stefańska, MD PhD. habilitated        | 11:15 - 11:30 | Advertisement and information about medicinal products and medical devices                                             | Legal counsellor Jan Szulc, PhD.; editor Andrzej Gross, MA in legal sciences |
| 11:30 - 11:45 | Lasers in acne treatment                                                                                                                                                                                              | Justyna Milewska, MD                                      | 11:30 - 11:45 | TBA                                                                                                                    | <b>BANK OCHRONY ŚRODOWISKA Grant</b>                                         |
|               |                                                                                                                                                                                                                       |                                                           | 11:45 – 12:00 | Why does a patient sue a doctor? An effective strategy in an aesthetic medicine clinic in case of patient legal claims | Attorney Karolina Seidel                                                     |

| Time          | ROOM A – NEAUVIA GRANT       |                                                   | Time          | ROOM B –ALLERGAN GRANT |  |
|---------------|------------------------------|---------------------------------------------------|---------------|------------------------|--|
| 11:45 - 12:30 | Eye area                     | Zoran Rizinski, MD                                | 12:00 - 13:00 | TBA                    |  |
| 12:30 - 13:15 | Bio-stimulation              | Paweł Kubik, MD Raquel Fernandez, MD              | Time          | ROOM B                 |  |
| 13:15 - 14:00 | Starring LIPS – less is more | Joanna Bielska Gawron, MD; Marta Rybarkiewicz, MD | 13:00 - 14:00 | TBA                    |  |

| Time          | SMALL ROOM CASINO - Young speakers' session / Young talents incubator –<br>JURY: Ida Matusiak, MD PhD.; Anna Skory Szandrowska, MD PhD.; Ewa Duchnik, MD PhD.; Julia Sieczych, MD |                              |
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| 12:20 - 12:30 | How to cope with aesthetic dermatology – the significance of social media                                                                                                         | Ida Matusiak, MD PhD.;       |
| 12:30 - 12:40 | Onco-aesthetics – how aesthetic medicine supports oncological patients                                                                                                            | Adam Wełniak, MD             |
| 12:40 - 12:50 | Insulin resistance induced acne – literature and survey studies                                                                                                                   | Michalina Jarzemska, MD      |
| 12:50 - 13:00 | Aesthetic correction in advanced cicatricial alopecia                                                                                                                             | Anna Skory – Szandrowska, MD |
| 13:00 - 13:10 | Skin histology and immunology after aesthetic dermatology procedures – which of them really work?                                                                                 | Piotr Nawrot,MD              |
| 13:10 - 13:20 | Rhinophyma – a case study: 67-year old male patient with an acne rosacea-induced extensive tumor-like lesion of the external nose                                                 | Jakub Zblewski, MD           |
| 13:20 - 13:30 | Medicine and cosmetology synergy – how the collaboration of a doctor and cosmetologist affects the efficiency of stimulating procedures                                           | Paula Truszkowska, MD        |
| 13:30 - 13:40 | Combination therapy of melasma – case study (combined laser therapy and tranexamic acid mesotherapy) – the role of dermatoscopy                                                   | Anna Słomiak- Wąsik, MD      |
| 13:40 - 13:50 | Predicting the outcomes of port-wine stains treatment with the use of imaging techniques and light neural networks                                                                | Michał Paprocki, MD          |

| Time          | ROOM A –GALDERMA GRANT                                                |                                                          | Time          | ROOM B –IBSA GRANT                                   |                      |
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| 14:00 - 14:30 | How to restore skin firmness after weight loss – PLLA-SCA: Power of 3 | Marcin Ambroziak MD PhD; Anna Telenga, Neha Sarcevic PhD | 14:00 - 15:00 | My approach towards level-oriented face rejuvenation | Bożena Jendrysik, MD |

| Time          | SMALL ROOM CASINO - INNMEDIS GRANT                                                                                                      |  |                               |
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| 14:00 - 15:00 | Doctor, I do not want a long downtime                                                                                                   |  |                               |
|               | ASCEplus exosomes: treatment of choice for atopic and problematic skin in aesthetic medicine. The application and effects – case study. |  |                               |
|               | ASCEplus HRLV exosomes in androgenic and telogen alopecia and alopecia areata.                                                          |  | Aleksandra Szlachcic, MD PhD. |
|               | How and for what purpose were exosomes created in aesthetic medicine?                                                                   |  | Byong Cho                     |
|               | #ICNeedeling                                                                                                                            |  | Hanna Łotarewicz MSc          |

| Time          | SMALL ROOM CASINO – BUSINESS WORKSHOP                                                                                                                                                                                                          |                               |
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| 15:00 - 16:00 | Aesthetics 2.0: How to design an offer which attracts men (and increases profits)? Practical advice for creating dedicated services, packages and communications which respond to specific men’s expectations and increase the services’ value | Anna Wykurz, Magdalena Wójcik |

| Time          | ROOM A URGO AESTHETICS GRANT                                                                                           |                                                                           | Time          | ROOM B– New technologies – part 1 Combined techniques and novelties in energy based devices                                                                 |                                                     |
|---------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| 14:30-14:42   | Alleviation of glycation and oxidative stress in aesthetic medicine. Recent studies                                    | Robert Chmielewski,MD                                                     | 15:00 - 15:15 | Light & Bright Protocol by Candela as a perfect response to skin ageing - my own experience in combined therapy using broadband light and fractional lasers | Maria Tryfonova, MD<br>NOVA GROUP GRANT             |
| 14:42-14:54   | Identification of the risk factors of secondary resistance to botulinum toxin in aesthetic and therapeutic indications | Bożena Czekańska Smykalla, MD                                             |               |                                                                                                                                                             |                                                     |
| 14:54-15:11   | The power of hybrid – spectacular effects or a new trend?                                                              | Job Thus, PhD                                                             |               |                                                                                                                                                             |                                                     |
| 15:11-15:30   | May collagen force be with you! How to gain the maximum collagen force for rejuvenated look? My cases                  | Małgorzata Kococ, MD                                                      | 15:15 - 15:30 | NitroSkin Procedure – a new paradigm in anti-aging therapies                                                                                                | Asaph Slivkovitz, PhD<br>INTOBEAUTY GRANT           |
| Time          | ROOM A VIVACY GRANT                                                                                                    |                                                                           | 15:30 - 15:45 | Quantum molecular resonance (QMR)                                                                                                                           | Bartosz Pawlikowski, MD<br>NEAUVIA / ITP S.A. GRANT |
| 15:30 - 17:00 | Redefining Beauty: Aesthetic Strategies for the GLP-1 Patient                                                          | Massimiliano Leporati, PhD<br>Anna Grodecka, MD<br>Natalia Romanowska, MD | 15:45 - 16:00 | Laser and EXO-E                                                                                                                                             | Anna Ryczek, MD<br>BOGDANI GRANT                    |
|               |                                                                                                                        |                                                                           | 16:00 - 16:15 | Combined treatments for the face rejuvenation (RF microneedles, IPL, hydroxyapatite, PLLA)                                                                  | Luis Campos Martinez, PhD<br>SHARPOL GRANT          |
|               |                                                                                                                        |                                                                           | 16:15 - 16:30 | RF microneedles – advanced treatment for the face and neck                                                                                                  | Luis Campos Martinez, PhD<br>SHARPOL GRANT          |
|               |                                                                                                                        |                                                                           | 16:30 - 16:45 | Full-thickness Skin Rejuvenation by a Novel Dual-Length Microblade RF Device in eye area                                                                    | Sang June Rhee, MD<br>INNMEDIS GRANT                |
|               |                                                                                                                        |                                                                           | 16:45 - 17:00 | Fraxel Thinking: micro areas of great changes – a modern approach to skin remodeling without ablation                                                       | Maciej Krajewski, MD<br>SOLTA MEDICAL GRANT         |
|               |                                                                                                                        |                                                                           | 17:00 - 17:15 | TBA                                                                                                                                                         | ITP S.A. GRANT                                      |

| Time          | <b>SMALL ROOM CASINO - Young speakers' session / Young talents incubator –</b><br><b>JURY:</b> Ida Matusiak, MD PhD.; Anna Skory Szandrowska, MD; Ewa Duchnik, MD PhD.; Julia Siecnych MD                                                                      |                              |
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| 16:10 - 16:20 | Post-serum disease after PRP                                                                                                                                                                                                                                   | Zuzanna Świerczewska         |
| 16:20 - 16:30 | The application of new imaging techniques in skin and adnexal surgery                                                                                                                                                                                          | Jakub Żółkiewicz, MD         |
| 16:30 - 16:40 | Botulinum toxin in the treatment of gingival smile – diagnostics, adequate patient qualification and case analysis                                                                                                                                             | Maria Liszewska, MD          |
| 16:40 - 16:50 | AI in aesthetic medicine                                                                                                                                                                                                                                       | Ewa Kusiba - Foryt, MD       |
| 16:50 - 17:00 | A comparative study, randomized with left and right side, concerning the safety, tolerance and efficiency of two 532 nm large spot lasers: one with contact cooling and the other with cryo-spray cooling in the treatment of vascular lesions in acne rosacea | Paulina Petrosyan-Chrościcka |
| 17:00 - 17:10 | The use of broadband light and diode-thulium lasers laser in the treatment of pigmentation and vascular lesions – individualized therapy for optimal skin quality – a study of the cases from our clinic                                                       | Krzysztof Cudzik, MD         |
| 17:10 - 17:20 | Autologous filler – a natural restoration of volume                                                                                                                                                                                                            | Jacek Nowak, MD PhD.         |
| 17:20 - 17:30 | The use of innovative combined techniques in the treatment of scars                                                                                                                                                                                            | Malwina Drai, MD             |
| 17:30 - 17:40 | Modern strategies for increasing fat tissue retention after lipotransfer – the role and directions of use of growth factors and biomaterials                                                                                                                   | Wiktor Możarowski, MD        |
| 17:40 - 17:50 | (Non)fillers of the pectoral area – clinical cases                                                                                                                                                                                                             | Tomasz Masłowski, MD         |
| 17:50 - 18:00 | The place of hyperbaric oxygen chamber in aesthetic medicine                                                                                                                                                                                                   | Joanna Luks, MD              |

|               | ROOM A - POUR HOMME                                                          |                                                |               | ROOM B - BTL GRANT                                                                                                               |                    |
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| Time          | Joanna Przetakiewicz, Jakub Bukowczan, MD PhD.;<br>Marcin Ambroziak, MD PhD. |                                                | Time          |                                                                                                                                  |                    |
| 17:00 - 17:15 | Male face contouring                                                         | Małgorzata Kocot, MD                           | 17:15 - 18:15 | Longevity begins with the mind:<br>conscious neuro-training workshop                                                             | Tomas Boleslavsky  |
| 17:15 - 17:30 | Geometric contouring of male face.                                           | Łukasz Ordynowski, MD<br>VIVACY GRANT          |               |                                                                                                                                  |                    |
| 17:30 - 17:45 | Androgen deficiency – men’s problem                                          | Professor Tomasz Drewa, MD<br>PhD. habilitated |               |                                                                                                                                  |                    |
| 17:45 - 18:00 | Do men like wearing glasses?                                                 | Professor Jacek Szaflik                        |               |                                                                                                                                  |                    |
| 18:00 - 18:15 | Midface lift – elegant form of lifting<br>for male patients.                 | Ewa Woźniak -Roszkowska, MD<br>PhD.            |               |                                                                                                                                  |                    |
| 18:15 - 18:30 | What do men want? Jawline<br>modelling and definition in male<br>patients    | Olha Melnychuk MD<br>CROMA GRANT               |               |                                                                                                                                  |                    |
| 18:30-18:45   | Male lips finesse                                                            | Monika Goroszevska, MD<br>FILLMED GRANT        |               |                                                                                                                                  |                    |
| 18:45-19:00   | Not pretty, yet interesting. Hyaluronic<br>acid in the male version.         | Karolina Górka,MD                              | Time          | ROOM B - SOLTA MEDICAL GRANT                                                                                                     |                    |
| 19:00-19:15   | Improving the jawline: orthognathic<br>surgery vs. face lift.                | Massimiliano Leporati, MD                      | 18:15 - 19:15 | Endogenous volumetry and collagen<br>remodeling: skin density modulation by<br>means of volumetric heating of<br>collagen fibers | Julio Morales, PhD |

| Hrs         | WHITE ROOM – LIVE PROCEDURES |
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| 11:00-18:00 | Program to be announced soon |

19:15-21:00 Cocktail reception for participants in the exhibition space.

## SATURDAY, 14<sup>th</sup> JUNE

| ROOM A – Case presentations<br>Luiza Marek-Józefowicz, MD PhD.; Michał Sobjanek, MD PhD. habilitated, professor at the Medical University of Gdańsk; Joanna Magdziarz-Orlitz, MD PhD. |                                                                                                                     |                                      | ROOM B Plastic surgery session – part 1<br>Mateusz Koziej, MD PhD. habilitated; Wojciech Rogowski, MD PhD. habilitated; Wojciech Adamski, MD PhD. |                                                                                        |                                      |
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| Time                                                                                                                                                                                  |                                                                                                                     |                                      | Time                                                                                                                                              |                                                                                        |                                      |
| 8:00 - 8:05                                                                                                                                                                           | Btx administered into paraspinal muscles in a patient with C6, C7 instability                                       | Łukasz Rdzanek, MD                   | 8:00 - 8:15                                                                                                                                       | Preservation rhinoplasty – nasal correction technique preserving anatomical structures | Mateusz Koziej, MD PhD. habilitated, |
| 8:05 - 8:10                                                                                                                                                                           | Can demodex infection may lead to a dangerous complication of botulinum toxin?                                      | Joanna Magdziarz-Orlitz, MD PhD.     |                                                                                                                                                   |                                                                                        |                                      |
| 8:10 - 8:15                                                                                                                                                                           | HA injection induced inflammatory reaction treated with svf transfer                                                | Anna Mich, MD                        |                                                                                                                                                   |                                                                                        |                                      |
| 8:15 - 8:20                                                                                                                                                                           | New application of a popular product for the treatment of giant keloids                                             | Julita Zaczyńska-Janeczko, MD PhD.   | 8:15 - 8:30                                                                                                                                       | Breast reduction after pregnancy                                                       | Zofia Bochen, MD                     |
| 8:20 - 8:25                                                                                                                                                                           | Rare complications after treatment with PDO treads                                                                  | Magdalena Górecka-Sokołowska, PhD.   |                                                                                                                                                   |                                                                                        |                                      |
| 8:25 - 8:30                                                                                                                                                                           | Inflammatory reaction after treatment with polynucleotides.                                                         | Kamila Skrętkowicz-Szarmach, MD PhD. |                                                                                                                                                   |                                                                                        |                                      |
| 8:30 - 8:35                                                                                                                                                                           | Regeneration medicine – safety and natural effects after the application of autologous tissue                       | Andrzej Ignaciuk, MD                 | 8:30 - 8:45                                                                                                                                       | Not only basal cell carcinoma – i.e. rare tumors of the eyelid skin                    | Wojciech Adamski, MD PhD             |
| 8:35 - 8:40                                                                                                                                                                           | Melanoma in pregnant patients                                                                                       | Michał Sobjanek, MD PhD. habilitated |                                                                                                                                                   |                                                                                        |                                      |
| 8:40 - 8:45                                                                                                                                                                           | Local atrophy after the administration of HA – a case study                                                         | Luiza Marek-Józefowicz, MD PhD.      |                                                                                                                                                   |                                                                                        |                                      |
| Time                                                                                                                                                                                  | ROOM A Botulinum toxin<br>Joanna Czuwara, MD PhD. habilitated; Sylwia Lipko-Godlewska, MD PhD. Magdalena Korwin, MD |                                      | 8:45 - 9:00                                                                                                                                       | Skin cancer radiotherapy                                                               | Wojciech Rogowski MD PhD             |
| 8:45 - 9:00                                                                                                                                                                           | Recent reports in mimic muscles anatomy on the basis of MRI                                                         | Mateusz Koziej MD PhD. habilitated;  |                                                                                                                                                   |                                                                                        |                                      |

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| <b>9:00 - 9:15</b>   | How to repair something that went wrong ?            | Sylvia Lipko-Godlewska, MD PhD.              |                      | <b>ROOM B Complications</b><br>Aneta Szczerkowska-Dobosz, PhD. habilitated Dr n. med. Ewa Kaniowska, Prof. Romuald Olszański MD PhD. habilitated; |                                                         |
| <b>9:15 - 9:30</b>   | TBA                                                  | <b>ALLERGAN GRANT</b>                        | <b>9:00 - 9:15</b>   | Malar edema                                                                                                                                       | Professor Wioletta Barańska-Rybak, MD PhD. habilitated; |
|                      |                                                      |                                              | <b>9:15 - 9:30</b>   | Rare complications after the HA filler injections                                                                                                 | Jacek Nowak, MD PhD..                                   |
| <b>9:30- 9:45</b>    | Neuromodulators diffusion – let us talk about facts  | Joanna Czuwara, MD PhD. habilitated;         | <b>9:30 - 9:45</b>   | Tattoo removal – my own successes and failures                                                                                                    | Aneta Szczerkowska-Dobosz. PhD. habilitated             |
| <b>9:45-10:00</b>    | Micro-toxin lift                                     | Dalia Chrzanowska, MD                        | <b>9:45 - 10:00</b>  | Complications in the lower lid area after the injection of topical agent                                                                          | Professor Romuald Olszański, MD PhD. habilitated;       |
| <b>10:00-10:15</b>   | TBA                                                  | Bartłomiej Sobolewski, MD <b>CROMA GRANT</b> | <b>10:00 - 10:15</b> | When beauty becomes a risk, i.e. can ultrasound help us avoid aesthetic failures?                                                                 | Barbara Parda Głomska, MD                               |
| <b>10:15 - 10:30</b> | Application of botulinum toxin in facial nerve palsy | Katerina Blahuta, MD                         | <b>10:15-10:30</b>   | Efficient prevention of complications – the role of Clinisept+                                                                                    | Hrvoje Reil, PhD <b>INTO BEAUTY GRANT</b>               |

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| <b>Time</b>          | <b>SMALL ROOM CASINO</b>                                                                                          |
| <b>09:00 – 10:00</b> | AI in the clinic of the future: from a personal assistant to a strategic partner in medical business – Arek Urban |

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| <b>Time</b>          | <b>SMALL ROOM CASINO</b>                                                                    |
| <b>10:00 – 10:20</b> | Company management with an iPhone – automation of a clinic management - Grzegorz Jaskiewicz |

**Break 10:30 – 10:45**

**KEYNOTE LECTURE 10:45 - 11:15 ROOM A**

**Why do males live shorter than females? – Professor Jan Dumański**



| Time          | SMALL ROOM CASINO      |
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| 11:30 – 12:00 | EUROSCALEMED GRANT TBA |

| Time                               | ROOM A GALDERMA GRANT                                                                                                    |                                                                                                             | Time          | ROOM B - AUTOLOGICZNE TERAPIE I EXOSOMY W REGENERACJI TKANEK<br>Professor Barbara Zegarska, MD PhD. habilitated<br>Lidia Majewska, MD PhD., Robert Chmielewski,MD |                                                                   |
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| 11:15 - 12:15                      | Step into the future of neuromodulation: reach for more. The efficiency of relabotulinum confirmed with patient examples | Neha Sarcevic PhD<br>Joanna Czuwara MD PhD habilitated<br>Małgorzata Markuszewska MD<br>Magdalena Korwin MD | 11:15 - 11:30 | Platelet rich plasma PRP: does every drop have its value?                                                                                                         | Robert Chmielewski, MD<br>INFINI PREMIUM FILLER GRANT             |
|                                    |                                                                                                                          |                                                                                                             | 11:30 - 11:45 | PLASMOO #SKINCELLS “‘Graft from behind the ear’ – the potential of fibroblasts at your fingertips.                                                                | Professor Barbara Zegarska, MD PhD. habilitated<br>INNMEDIS GRANT |
|                                    |                                                                                                                          |                                                                                                             | 11:45 - 12:00 | Autologous lifebelt, or how to deal with failures and complications in aesthetic medicine                                                                         | Agnieszka Surowiecka, MD PhD. habilitated                         |
|                                    |                                                                                                                          |                                                                                                             | 12:00 - 12:15 | Exosomes – The future of regeneration or a fad for the unknown? The boundaries of science and commerciality in aesthetic medicine.                                | Anna Skwarek, MD PhD.                                             |
| Room A – URGO AESTHETICS SYMPOSIUM |                                                                                                                          |                                                                                                             | 12:15 - 12:30 | EXOSOME PARADOX – why the exosome products should be verified? Is it really so easy to obtain an exosome molecule                                                 | Professor Wioletta Barańska Rybak, MD PhD. habilitated            |
|                                    |                                                                                                                          |                                                                                                             | 12:30 - 12:45 | The SEFFI method – a game changer in regenerative medicine                                                                                                        | Andrzej Ignaciuk MD<br>INTO BEAUTY GRANT                          |
| 12:15-12:45                        | Recent injection techniques to gain the best results in skin biostimulation                                              | Katarzyna Kozłowcz, MD, Robert Chmielewski, MD<br>Job Thus PhD                                              | 12:45 - 13:00 | PRP and PRF – combined techniques                                                                                                                                 | Lidia Majewska, MD PhD.                                           |
| 12:45-13:15                        | The power of a hybrid in skin rejuvenation – live injection                                                              | Bożena Czeakańska<br>Smykalla MD                                                                            | 13:00 - 13:15 | Ocular area – not only eyelids! The use of autologous reconstructive therapies in regenerative surgery of the upper and mid face                                  | Jakub Miszczyk, MD                                                |

**LUNCH 13:15 – 14:00**

| Time                 | SMALL ROOM CASINO- <b>INNMEDIS GRANT</b>                                                                                                       |                                              |
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| <b>12:15 - 13:15</b> | <b>It's all about Papillary Dermis! Is the stimulation of the papillary dermis responsible for the entire skin rejuvenation process?</b>       |                                              |
|                      | DEEP OR SUPERFICIAL? - how does the depth of injection of active substances affect skin and hair stimulation?                                  | Sang June Rhee, MD                           |
|                      | DOUBLE TITLE: first two-level thermal modulation with targeted injection into the dermis – efficiency and safety based on histological studies | Sang June Rhee, MD                           |
|                      | Autologous procedures: PLASMOO - the world's first combined PRP+PRF protocol in polytherapy with double needle RF                              | Aleksandra Szlachcic, MD PhD.<br>habilitated |

| Time                 | SMALL ROOM CASINO <b>HYALUAL GRANT</b>                  |  |
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| <b>14:00 – 15:15</b> | 100% natural and biodegradable filler based on argarose |  |

| Time                 | SMALL ROOM CASINO <b>SESDERMA GRANT</b>                                                                                                                                           |  |
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| <b>15:15 – 15:45</b> | EXOSSES LB – innovative connection of exosomes Lacillobacillus brevis with nanotechnological rejuvenating cocktail in regenerative procedures – Professor Barbara Zegarska MD PhD |  |

| Time                 | SMALL ROOM CASINO                      |  |
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| <b>16:00 - 17:00</b> | <b>INFINI PREMIUM FILLER GRANT</b> TBA |  |

|               | ROOM A – FACE IS MORE THAN JUST LIPS                                                                                                           |                                                        |               | ROOM B – All the Time Healthier, All the Time Younger! Part 2                                                                                                     |                                                        |
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| Time          | Danuta Nowicka, MD PhD. habilitated, associate professor at the Academy of Physical Education; Marek Jankowski, MD PhD.; Natalia Romanowska MD |                                                        | Time          | The use of lasers and EBD in the process planned for years. Bartłomiej Kwiek, MD PhD. habilitated; Aleksandra Szlachcic, MD PhD. habilitated; Marta Tazbir, MD    |                                                        |
| 13:45 - 14:00 | Aesthetic map of the face                                                                                                                      | Marek Jankowski, MD PhD.;                              | 13:45 - 14:00 | The earlier, the better? Laser therapy for skin lesions and skin diseases in children.                                                                            | Julia Sieczyk, MD                                      |
| 14:00 - 14:15 | Combined therapies in the treatment of post-acne scars                                                                                         | Jochen Bodouin PhD<br>NEAUVIA GRANT                    | 14:00 - 14:15 | Skin rejuvenation as a side-effect of long-term laser therapy of skin conditions.                                                                                 | Marta Tazbir, MD                                       |
| 14:15 - 14:30 | A Patient with Hashimoto – the perspective of an endocrinologist and aesthetic medicine doctor in the light of clinical trials                 | Katarzyna Bornikowska, MD<br>NEAUVIA GRANT             | 14:15 - 14:30 | Seboselective laser 1726 nm – a breakthrough in the approach to acne treatment                                                                                    | Bartłomiej Kwiek, MD PhD. Habilitated<br>BOGDANI GRANT |
| 14:30 - 14:45 | Papillary dermis a new target for skin regeneration? non-ablative regenerative protocols for surgery and aesthetics                            | Sang June Rhee, MD                                     | 14:30 - 14:45 | Once, yet intensive, or many times, yet gentle? The optimal skin regeneration program using EBD.                                                                  | Agnieszka Bańka-Wrona, MD PhD.                         |
| 14:45 - 15:00 | TBA                                                                                                                                            | Ferial Fanian PhD<br>FILLMED GRANT                     | 14:45 - 15:00 | Versatility in rejuvenation and treatment of skin lesions using advanced laser technology                                                                         | Pablo Naranjo MD<br>NEAUVIA GRANT                      |
| 15:00 - 15:30 | Profhilo and Profhilo Structura: Unlocking the Power of Synergy for a Multilayer Approach                                                      | Domenico Romano, MD<br>IBSA GRANT                      | 15:00 - 15:15 | Photoaging and photocarcinogenesis – laser therapy for skin ageing and prophylaxis of skin cancers                                                                | Bartłomiej Kwiek, MD PhD. Habilitated                  |
|               |                                                                                                                                                |                                                        | 15:15 - 15:30 | Laser application – own experience                                                                                                                                | Jerzy Iskrzycki MD<br>BOGDANI GRANT                    |
| 15:30 - 15:45 | Moisturization and revitalization – together or apart?                                                                                         | Izabella Jeleńska – Draim, MD<br>CROMA GRANT           | 15:30 - 15:45 | Collagen Banking                                                                                                                                                  | Julio Morales<br>SOLTA MEDICA GRANT                    |
| 15:45 - 16:00 | Relaxation, regeneration, remodeling: three pillars of modern neck therapy                                                                     | Kamil Pielaszkiewicz MD<br>REGENOVA THERAPEUTICS GRANT | 15:45 - 16:00 | CO <sub>2</sub> and er:glass 1570 nm laser sneery in fractional in IMPACT fractional ultrasound emission – a breakthrough in skin regeneration and scar reduction | Pablo Naranjo, MD<br>NEAUVIA GRANT                     |
| 16:00 - 16:15 | TBA                                                                                                                                            | ALLERGAN GRANT                                         | 16:00 - 16:15 | TBA                                                                                                                                                               | SHARPOL GRANT                                          |

|               |                                                                           |                                          |               |                                                                                                        |                                                           |
|---------------|---------------------------------------------------------------------------|------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| 16:15 - 16:30 | TBA                                                                       | ALLERGAN GRANT                           | Time          | ROOM B Plastic surgery – part 2<br>Piotr Drozdowski, MD PhD.<br>Marek Szczyt, MD; Maciej Ambroziak, MD |                                                           |
|               |                                                                           |                                          | 16:15 - 16:30 | Temple eyebrow lift: possibilities and limitations vs aesthetic medicine                               | Paweł Pióro, MD                                           |
| 16:30 - 16:45 | Recombined enzymes in the practice of aesthetic medicine doctor           | Robert Chmielewski, MD<br>PB SERUM GRANT | 16:30 - 16:45 | Advances in rhinosurgery in the context of innovations in plastic surgery                              | Piotr Drozdowski, MD PhD.                                 |
| 16:45 - 17:00 | Lip lift – indications and limitations                                    | Ewa Woźniak-Roszkowska, MD PhD.          | 16:45 - 17:00 | Mummy makeover – post pregnancy treatment for women                                                    | Marek Szczyt, MD                                          |
| 17:00 - 17:15 | Evidence based bioregeneration                                            | Ferial Fanian, PhD.                      | 17:00 - 17:15 | Revision body contouring surgery after unsatisfactory results                                          | Massimiliano Leporati, MD                                 |
| 17:15 - 17:30 | Achieving natural results using HA fillers: possibilities and limitations | Nimrod Friedman PhD                      | 17:15 - 17:30 | Ageing, beauty and fillers: the plastic surgeon's perspective.                                         | Nimrod Friedman, MD                                       |
| 17:30 - 17:45 | Hyaluronidase: qualification and injection dosage at lip correction       | Natallia Romanowska, MD                  | 17:30 - 17:45 | The significance of dermoscopy before atypical skin lesions removal                                    | Professor Grażyna Kamińska-Winciorek, MD PhD. habilitated |
| 17:45 - 18:00 | TBA                                                                       | ALLERGAN GRANT                           | 17:45 - 18:00 | Abdominoplasty after pregnancy                                                                         | Artur Pasternak, MD                                       |
| 18:00 - 18:15 | Immunosenescence and inflammation in skin ageing                          | Danuta Nowicka, MD PhD.                  | 18:00 - 18:15 | A false friend – or how to avoid problems in aesthetic medicine office                                 | Wojciech Adamski, MD PhD.                                 |

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| WHITE ROOM – LIVE PROCEDURES |  |
| Program to be announced soon |  |

CONGRESS DINNER 20:30

## SUNDAY 15<sup>th</sup> JUNE

| Time          | ROOM A - HYPERPIGMENTATION AND VASCULAR LESIONS<br>Professor Mariola Marchlewicz, MD PhD. habilitated<br>Dorota Roguś-Skorupska, MD PhD.;<br>Aleksandra Szlachcic MD PhD. habilitated |                                                 | Time          | ROOM B – AESTHETIC DENTISTRY<br>Professor Iwona Niedzielska, MD PhD. habilitated<br>Martyna Sławińska MD PhD. habilitated, associate professor of<br>the Gdańsk Medical University;<br>dentistry doctor Iwona Gnach Olejniczak |                                                                                             |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| 09:00 - 09:15 | Rosacea and hyperpigmentation as a problem for menopausal women                                                                                                                       | Professor Barbara Zegarska, MD PhD. habilitated | 09:00 - 09:15 | Masseters – everything about treatment                                                                                                                                                                                         | Łukasz Rdzanek, MD                                                                          |
| 09:15 – 09:30 | Hyperpigmentation – a chronic problem                                                                                                                                                 | Dorota Roguś-Skorupska, MD PhD.                 | 09:15 – 09:30 | Ultrasound guided botulinum toxin application for masseters and DAO                                                                                                                                                            | Natalia Romanowska, MD                                                                      |
| 09:30 – 09:45 | Peeling for hyperpigmentation                                                                                                                                                         | Ewa Duchnik, MD PhD.                            | 09:30 – 09:45 | Full Dental Face Lift                                                                                                                                                                                                          | Dentistry doctor Iwona Gnach Olejniczak                                                     |
| 09:45 – 10:00 | Which lasers and when – when to apply them and when not                                                                                                                               | Aleksandra Szlachcic, MD PhD. habilitated       | 09:45 – 10:00 | Maxillofacial individual implants                                                                                                                                                                                              | Professor Iwona Niedzielska, MD PhD. habilitated                                            |
| 10:00 – 10:15 | Lasers in chloasma treatment: nano or pico?                                                                                                                                           | Alicja Rustowska-Rogowska, MD PhD.              | 10:00 – 10:15 | Botulinum toxin for salivary glands pathologies .                                                                                                                                                                              | Bartłomiej Sobolewski, PhD.                                                                 |
| 10:15 – 10:30 | Modern treatment of vascular malformations                                                                                                                                            | Marcin Bieńkowski MD PhD                        | 10:15 – 10:30 | Mucosal dermoscopy                                                                                                                                                                                                             | Martyna Sławińska MD PhD. habilitated, associate professor of the Gdańsk Medical University |

| Time          | SMALL ROOM CASINO                                                                                                          |
|---------------|----------------------------------------------------------------------------------------------------------------------------|
| 10:30 – 11:00 | Conotoxin – from the venom of sea snail to clinically studies cosmeceutics Miorelaxant Magi - Anna Mazurkieocz Pisarek PhD |

| Time          | ROOM A: Aesthetic gynecology session                                                                     |                                                           | ROOM B BODY                                                                                              |                       |
|---------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------|
|               | Chair: Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated<br>Maciej W. Socha, MD PhD. habilitated |                                                           | Marcin Bieńkowski, MD; Krzysztof Miracki, MD;<br>Anna Telenga, MD                                        |                       |
| 10:30 – 10:45 | Can a gynecologist assist in finding pleasure?                                                           | Agnieszka Nalewczyńska, MD                                | Advanced body contouring and skin revitalization strategies                                              | Krzysztof Miracki, MD |
| 10:45 – 11:00 | Posterior vaginal wall repair in aesthetic gynecology                                                    | Maciej W. Socha, MD PhD. habilitated                      | Two bellies are never the same. How to individualize Poly-L-lactic acid treatments in the abdominal area | Anna Telenga, MD      |
| 11:00 – 11:15 | The whole truth about sexuality in menopause – has a cure been found?? Or maybe a miracle treatment????  | Professor Violetta Skrzypulec-Plinta, MD PhD. habilitated | Buttocks modelling with Poly-L-lactic acid                                                               | Darina Korbutiak, MD  |
| 11:15 – 11:30 | New techniques for vulvar rejuvenation                                                                   | Agnieszka Nalewczyńska, MD                                | What works on the body, or alternatives to surgical body contouring                                      | Marcin Bieńkowski, MD |
| 11:30 – 11:45 |                                                                                                          | Marta Tazbir, MD                                          | OZEMPIC BODY MANAGEMENT                                                                                  | Aleksandra Antolak MD |
| 11:45 – 12:00 | Combination of Hi-tech and surgical techniques in aesthetic gynecology. Based on Author's own research   | Michał Leśniak, MD PhD.                                   |                                                                                                          |                       |

| Time          | ROOM A - Poly-L-lactic acid and other stimulators – can they give side effects? |                                                       | Time          | ROOM B - LONGEVITY SESSION<br>Tomasz K. Wojdacz, MD PhD. habilitated;<br>Anna Jeznach-Steinhagen, MD PhD. habilitated;<br>Jakub Bukowczan, MD PhD. |                                               |
|---------------|---------------------------------------------------------------------------------|-------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|
| 12:00 - 12:15 | Fan-technique of biostimulators administration                                  | Anna Grodecka, MD                                     | 11:45 - 12:00 | GLP1 – can we talk about a revolution in medicine?                                                                                                 | Jakub Bukowczan, MD PhD. habilitated          |
|               |                                                                                 |                                                       | 12:00 - 12:15 | New GLP1 drugs                                                                                                                                     | Anna Jeznach-Steinhagen, MD PhD. habilitated; |
| 12:15 - 12:30 | PDLLA-stimulated adipogenesis                                                   | Bartłomiej Sobolewski, MD                             | 12:15 - 12:30 |                                                                                                                                                    | Professor Tomasz Marlicz                      |
| 12:30 - 12:45 | Complications from biostimulators                                               | Vladlena Averina, MD                                  | 12:30 - 12:45 | The significance of epigenetics in “beauty industry”                                                                                               | Tomasz K. Wojdacz, MD PhD. habilitated;       |
| 12:45 - 13:00 | Photo- stimulators in aesthetic dermatology                                     | Marek Opała MD;                                       | 12:45 - 13:00 | Comprehensive care of the patient with neurodegenerative conditions                                                                                | Maciej Czarnecki, MD                          |
| 13:00 - 13:15 |                                                                                 | Wojciech Marusza, MD PhD. Habilitated<br>VIVACY GRANT | 13:00 - 13:15 | Ozempic face management                                                                                                                            | Jerzy Iskrzycki, MD                           |
| 13:15 - 13:30 | Is Poly_L-Lactic acid safe                                                      | Julia Sieczych MD PhD                                 | 13:15 - 13:30 | Stress – how to cope                                                                                                                               | Maurycy Araszkiewicz MD                       |

| Time          | ROOM A – SCARS<br>Magdalena Dobosz, MD PhD.; Michał Rożański MD PhD.;<br>Maciej Ambroziak, MD |                              | Time          | ROOM B - SECRET VIDEOS – presentations of complete treatments |                            |
|---------------|-----------------------------------------------------------------------------------------------|------------------------------|---------------|---------------------------------------------------------------|----------------------------|
| 13:30 - 13:45 | Algorithms for the treatment acne scars.                                                      | Michał Rożański, MD PhD.     | 13:30 - 13:40 | Body contouring with botulinum toxin                          | Julia Volyk MD             |
|               |                                                                                               |                              | 13:40 - 13:50 | TCA CROSS                                                     | Michał Rożański, MD PhD.   |
| 13:45 - 14:00 | Keloid treatment                                                                              | Julia Sieczych MD PhD        | 13:50 - 14:00 | Btx lifting                                                   | Dalia Chrzanowska, MD PhD. |
| 14:00 - 14:15 | Hybrid non-ablative technologies in the treatment acne scars.                                 | Bartłomiej Sobolewski, MD    | 14:00 - 14:10 | Knees laxity (combined therapy)                               | Aleksandra Antolak MD      |
|               |                                                                                               |                              | 14:10 - 14:20 | GLASS SKIN                                                    | Marcin Ambroziak MD PhD    |
| 14:15 - 14:30 | Long-term follow-up on the treatment of scars with pneumatic devices                          | Aleksandra Buller-Rosiak, MD | 14:20 - 14:30 | LIP FLIP                                                      | Julia Volyk, MD            |
| 14:30 - 14:45 | Can exosomes stimulated the action of lasers                                                  | Karolina Górka, MD           | 14:30 - 14:40 | Fat grafts in lower eye-lids                                  | Marcin Ambroziak MD PhD    |
| 14:45 - 15:00 | The approach to new scars                                                                     | Leszek Blicharz MD PhD       | 14:40 - 14:50 | Gold photothermal therapy in acne treatment                   | Marek Opala, MD            |
|               |                                                                                               |                              | 14:50 - 15:00 | Penis augmentation with Poly-L-lactic acid                    | Maria Tryfonova, MD        |

**CLOSING OF THE CONGRESS 15:00**