



PROGRAMME 14th-16th JUNE

FRIDAY 14th JUNE

OPENING SESSION 10:00-10:45 ROOM A

Time	ROOM A - OPENING SESSION	
10:00 - 10:15	Welcome.	Professor Barbara Zegarska MD PhD habilitated, Marcin Ambroziak MD PhD
10:15 - 10:30	Introductory remarks by Professor Grażyna Broniarczyk-Dyła MD PhD habilitated and Professor Waldemar Placek MD PhD habilitated – honorary chairpersons.	Professor Grażyna Broniarczyk-Dyła MD PhD habilitated Professor Waldemar Placek MD PhD habilitated
10:30 - 10:45	On the art of beautifying	Professor Dariusz Markowski PhD habilitated

Time	ROOM A – VARIA Moderators: Marek Jankowski MD PhD, Professor Aneta Szczerkowska-Dobosz		Time	ROOM B – BUSINESS SESSION Moderator: Karolina Seidel MA	
	11:00 - 11:15	What makes a patient come back to your office? Can charisma be learned?		Anna Grodecka PhD	10:30 - 10:45
10:45 - 11:00			How to effectively manage a portfolio of services		Adam Kołodziejczyk GABOS GRANT
11:00 - 11:15			Why don't patients adhere to aesthetic therapy recommendations and what can a doctor do about this?		Professor Przemysław Kardas MD PhD habilitated Magdalena Adamiak-Kardas
11:15 - 11:30	The perception of hyperpigmentation, i.e. why do we treat melasma?	Marek Jankowski MD PhD	11:15 - 11:30	Many faces of AI	Sebastian Weldycz
11:30 - 11:45	New product category in aesthetic medicine. 20 years less without changing facial features is now a fact.	Wojciech Marusza MD PhD hab. MEDIF GRANT	11:30 - 11:45	Certification of professional skills - a summary of one year experience with new legislation.	Attorney Michał Gajda
11:45 - 12:00	The treatment of post-acne scars – real possibilities	Magdalena Dobosz MD PhD	11:45 - 12:00	New Code of Medical Ethics - changes from 1. January 2025.	Editor Andrzej Gross MA

ROOM A – BLEPHAROPLASTY dr Magdalena Korwin, dr n.med. Wojcich Adamski		ROOM B – SINCLAIR GRANT	
Time:		Time:	
12:00 -12:15	Key to success in eyelid plasty: comprehensive care before and after blepharoplasty	Katarzyna Baltaziak PhD	12:00 - 13:00 No more new patients. How do you keep your practice running well in challenging times? Zbigniew Kowalski, Lesław Rudy
12:15 -12:30	Effectiveness and limitations of lower eyelid plasty	Ewa Woźniak PhD	
12:30 - 12:45	Combined techniques applied to the eye area	Aleksandra Antolak PhD	
12:45 - 13:00	Non-surgical Eye Lift with biostimulators.	Vladlena Averina PhD PLURYAL GRANT	

Time	CASINO ROOM
12:30 - 13:30	SESSION FOR YOUNG PARTICIPANTS/ YOUNG TALENTS INCUBATOR

ROOM A – NEAUVIA GRANTY		ROOM B – MEDIF GRANT	
Time			
13:00 - 14:00	Triangle of Youth.	Zoran Rizinski PhD	CHAC Technology - a higher level of biostimulation. Mechanism of action, modes of injection using Swiss cell regenerators as an example. Wojciech Marusza MD PhD habilitated

Time	ROOM A – GALDERMA GRANT	
14:00 - 15:00	KISS&SMILE – mastering lower face. Presentation of procedures and effects.	Aleksandra Walczak MD PhD, Dominika Polak MD PhD

Time	SALA A – NATURAL LOOK – VIVACY EFFECT VIVACY GRANT Moderator: Marcin Ambroziak MD PhD		Time	ROOM B NEW TECHNOLOGIES Moderator: Marta Tazbir MD, Bartłomiej Kwiek MD PhD	
15:00 - 15:05	Start	Marcin Ambroziak MD PhD	15:00 - 15:15	The Power of AI in Aesthetics: Revolution in Fractional RF for More Comfort and Efficacy.	Maria Tryfonova PhD BTL GRANT
15:05 - 15:10	Hyaluronic acid in the age of social media - past or future?"	Marcin Ambroziak MD PhD			
15:10 - 15:35	Vivacy Effect - Capturing the natural beauty of the female face.	Massimiliano Loporati MD	15:15 - 15:30	Double RF technology for optimum effects of face recontouring	Professor Sławomir Wilczyński SHARPOL GRANT
15:35 - 16:00	Vivacy Effect - Highlighting key anatomical features during male facial correction.	Łukasz Ordynowski MD	15:30 - 15:45	A comparison of the systems of treatment of vascular lesions.	Bartłomiej Kwiek MD PhD
16:00 - 16:25	Vivacy Effect - Practical solutions for correcting problematic lips	Natallia Romanowska MD	15:45 - 16:00	Picosecond vs nanosecond laser: possibilities and limitations in dermatology and aesthetic medicine. A data overview and Author's own experience.	Bartłomiej Pawlikowski PhD

Time	ROOM A - URGO AESTHETICS GRANT		Time	ROOM B – SHARPOL GRANT	
16:30 – 17:00	New era of lifting regenerators. Spectacular effects with the use of the patented method Anti – AGEs.	Robert Chmielewski PhD, Katarzyna Kozłowicz PhD	16:00 – 16:15 16:15 - 17:00	Short-impulse IPL for vascular lesions and hyperpigmentation: my own experience. Practical presentation: double RF technology for optimum effects of face recontouring.	Karolina Stefaniak PhD Krzysztof Makarski MSc Eng.
17:00 – 17:30	Radiesse effect. Lifting, contouring, regenerative biostimulation (working title, but this is the topic: wow effect with Radiesse).	Małgorzata Kocot PhD, Anna Brzozowska – Jaśkiewicz MD PhD			

Time	CASINO ROOM
16:00 - 17:00	The summary of the SESSION FOR YOUNG PARTICIPANTS/ YOUNG TALENTS INCUBATOR

Time	ROOM A – ELEVATING NATURAL BEAUTY CROMA GRANT		Time 17:00 – 18:00	ROOM B – Debate on stimulators Moderators: Professor Barbara Zegarska MD PhD habilitated, Marcin Ambroziak MD PhD	
17:30 - 18:30	The art of body biostimulation	Iwona Marycz-Langner PhD		Robert Chmielewski PhD URGO AESTHETICS GRANT	
				Piotr Kubik PhD NEAUVIA GRANT	
	Croma presents new PDO threads	Anna Surowiecka MD PhD		Lidia Majewska MD PhD FILLMED GRANT	
				Professor Violetta Barańska-Rybak MD PhD habilitated CROMA GRANT	
We can't stop time, but we can reverse the signs of ageing. Lifting with PDO threads.	Marcin Ambroziak MD PhD				

Time	ROOM A - IBSA GRANT		Time	ROOM B – THE ART OF REGENERATION FILLMED GRANT	
18:30 – 19:15	The use of HD ultrasound and hyaluronidase in the treatment of lip hypercorrection.	Olga Bobowska-Guglas PhD, Włodzimierz Rosiński PhD	18:00 - 19:15	The specific needs of mature female patients. Pitfalls and risks	
				Robert Chmielewski MD	
				The young patient in the practice. Nothing difficult or a challenge ?	
				Łukasz Preibisz MD	

19:00-21:00 Cocktail party celebrating the 5th anniversary of the Academy of Aesthetic Dermatology .

SATURDAY 15th JUNE

Time	ROOM A INTERESTING CASES – HOW TO MANAGE ? Moderators: Luiza Marek-Józefowicz MD PhD, Michał Sobjanek MD PhD habilitated		Time	ROOM B SESSION: MENOPAUSE - DISCUSSION	
8:00 - 8:05	Enzymatic removal of the nodules after injection of human collagen.	Sarah Hussaini MD	8:00 - 9:00	Gynaecological problems of a menopausal woman and what about sex.	Professor Violetta Skrzypulec-Plinta
8:05 - 8:10	The application of hyaluronic acid to correct symmetry in a patient with facial nerve palsy.	Jacek Nowak MD PhD		Menopause-induced skin changes - not only on the face.	Professor Barbara Zegarska MD PhD habilitated
8:10 - 8:15	Extensive vascular complications after nasal dorsum injection	Łukasz Rdzanek PhD		A menopausal woman – is she an easy patient?	Professor Anna Zalewska-Janowska MD PhD habilitated
8:15 - 8:20	Peelings and needle mesotherapy – safety profile of synergistic therapy	Laura Nowowiejska PhD		Psychology of a menopausal woman.	Barbara Parđa PhD
8:20 - 8:25	Proliferation of B lymphocytes after administration of cross-linked HA	Dalia Chrzanowska PhD		Psyche, beauty and menopause.	Jagna Ambroziak
8:25 - 8:30	What are the effects of melanoma treatment with CO2 laser ?	Alicja Rustowska-Rogowska MD PhD			
8:30 - 8:35	Complications after treatment with lifting threads.	Magdalena Jałowska MD PhD Monika Łącka MD PhD			
8:35 - 8:40	Skin sarcoidosis induced by aesthetic procedures.	Magdalena Kiedrowicz MD PhD			
8:40 - 8:45	Vascular complications in the nose tip area.	Monika Goroszevska PhD			
8:45 - 8:50	A wolf in sheep's clothing. When cancer mimics benign dermatoses. Personal experience.	Michał Sobjanek MD PhD habilitated			
8:50 - 9:00	DISCUSSION				

Time	ROOM A COMPLICATIONS		SALA B PLASTIC SURGERY PART I	
	Moderators: Joanna Czuwara MD PhD habilitated, Marcin Ambroziak MD PhD		Moderators: Marek Szczyt PhD, Piotr Janik PhD	
9:00 - 9:15	The use of high-frequency ultrasound in the aesthetic practitioner's office.	Krzysztof Mlosek MD PhD habilitated	Blepharoplasty.	Krzysztof Potocki PhD
9:15 - 9:30	Complications in the eye of a dermatopathologist	Joanna Czuwara MD PhD habilitated	Deep plane lift.	Marek Szczyt PhD
9:30 - 9:45	The influence of post-surgical complications on the mental state of patients - the personal experience of an aesthetic medicine doctor and psychiatrist in one person.	Barbara Parda PhD	Modern approach to neck surgery	Piotr Janik PhD
9:45 - 10:00	Phenol peel: from nirvana to the nightmare.	Hugues Cartier PhD	Rhinoplasty	Zofia Bochen PhD
10:00 - 10:15	Dermoscopy in the broad field of aesthetic dermatology.	Grażyna Kamińska-Winciorek MD PhD habilitated	360 Liposuction	Massimiliano Leporati PhD
10:15 - 10:30	Battle		Battle	

Time	CASSINO ROOM EUROSCALEMED GRANT	
09:30 - 10:30	The world's only complete laser platform with unlimited possibilities	Fabiana Nery

Break 10:30 – 10:45

KEYNOTE LECTURE 10:45 - 11:15 ROOM A

URSZULA DUDZIAK

SPONSOR SESSION GALDERMA GRANT 11:15 - 12:15 ROOM A

Time	ROOM A – GALDERMA GRANT	
11:15 - 12:15	DIRECTION -> NATURAL REJUVENATION GALDERMA SYMPOSIUM	Magdalena Świder MD PhD, Joanna Sułowicz MD PhD, Michał Starus MD PhD, Tomasz Hamera MD PhD, Magdalena Korwin MD, Anna Ciacma MD

Time	ROOM A OTHER SKIN PROBLEMS Moderators: Professor Barbara Zegarska MD PhD habilitated, Professor Rafał Czajkowski MD PhD habilitated		ROOM B PLASTIC SURGERY PART II Moderators: Piotr Drozdowski MD PHD, Artur Śliwiński PhD	
12:15 - 12:30	The future of acne treatment.	Professor Ruta Ganceviciene	Face anatomy dangerous zones.	Mateusz Koziej PhD
12:30 - 12:45	Maximum antioxidation and proven regeneration in SMART DNA therapy.	Professor Aleksandra Lesiak MD PhD habilitated - RETIX-C GRANT	Temporal and midface lift	Artur Śliwiński PhD
12:45 - 13:00	The problems of mature women	Dorota Roguś Skorupska MD PhD	Plastic surgery? Only in connection with dermatology and aesthetic medicine.	Piotr Drozdowski MD PhD
13:00 - 13:15	The principles of correct acne treatment	Professor Beata Bergler-Czop MD PhD	Abdominoplasty. What can plastic surgery do and how aesthetic medicine can support it?	Marta Wilczyńska PhD
13:15 - 13:30	Laser alternative for retinoids in the treatment of acne	Professor Bartłomiej Kwiek BOGDANI GRANT	Comprehensive patient treatment in aesthetic medicine and plastic surgery.	Marek Szczyt PhD
13:30 - 13:45	Battle		Battle	

Time	CASINO ROOM GE HealthCare GRANT	
12:45 - 13:30	Facial ultrasound the new standard in the practice of aesthetic physicians	Barbara Parda – Głomska MD

Lunch – 13:45 - 14:30

Time.	ROOM A – EXPERT IN SKIN REGENERATIVE STIMULATION URGO AESTHETICS GRANT		Time.	SALA B - NEW TECHNOLOGIES- NEW POSSIBILITIES Moderators: Marcin Ambroziak MD PhD, Bartosz Pawlikowski PhD	
14:30 - 14:42	The highest level of regeneration. State-of-the-art application of stimulating regenerators in skin procedures.	Katarzyna Kozłowicz MD PhD	14:30 - 14:45	Innovative approach in the treatment of erythema, acne and melasma.	Karolina Mołas PhD MEDIF GRANT
14:42 - 14:54	Regenerative biostimulation not only for the face – new indication: beautiful neckline with Radiesse.	Małgorzata Kocot PhD	14:45 - 15:00	The evolution of HIFU technology – the devil is in the details	Marcin Ambroziak MD PhD BOGDANI GRANT
14:54 - 15:06	Lifting, contouring with tissue regeneration. Something more than just skin lifting.	Omar Haroon PhD	15:00 - 15:15	The latest technologies in eye area rejuvenation	Izabela Jeleńska-Draim MD BOGDANI GRANT
15:06 - 15:18	Patient preparation with botulinum toxin to regenerative procedures.	Anna Brzozowska – Jaśkiewicz MD PhD	15:15 - 15:30	Deka Lasers' volumetric laser - a breakthrough technology in the fight against ageing - personal experience.	Professor Barbara Zegarska, Piotr Kubik PhD ITP. GRANT
15:18 - 15:30	What can affect the success of botulinum toxin therapy?	Bożena Czeakańska – Smykalla PhD			

Time	CASINO ROOM SESDERMA GRANT	
14:30 - 15:00	An innovative combination of exosomes, extracted from a patented bacterial strain, with a nanosomal revitalising cocktail for regenerative and anti-ageing treatments. - Monika Rogala PhD	

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Time	ROOM A LIPS LIPS Moderators: Marcin Ambroziak MD PhD, Łukasz Ordynowski PhD		Time	ROOM B – AUTOLOGUS MATERIALS, BIOSTIMULATORS AND EXOSOMES Michał Kaniowski PhD, Joanna Magdziarz-Orlitz MD PhD	
15:30 - 15:45	Lips in five views.	Łukasz Ordynowski PhD	15:30 - 15:45	Filler or stimulator? What's new in aesthetic medicine - breakthrough reports	Marzena Urbańska PhD FILLMED GRANT
15:45 - 16:15	Live injection	Natalia Romanowska PhD, Marta Rybakiewicz PhD	15:45 - 16:00	Photostimulation of autologous products.	Marcin Wiśniowski PhD
16:15 - 16:45	Live injection	Olha Melnychuk PhD Monika Goroszewksa PhD	16:00 - 16:15	Exosomes: updates 2024	Vladlena Averina PhD
16:45 - 16:30	Trends and fashions in lip correction.	Darina Korbutiak PhD	16:15 - 16:30	Exosomes: accelerating healing and maximizing therapeutic effects - combined protocols.	Ayah Siddiqi PhD– INNMEDIS GRANT
17:00-17:15	Lip diseases.	Professor Małgorzata Olszewska MD PhD habilitated			
			16:30-16:45	Exosomes through the eye of a dermatologist: effectiveness of healing and regeneration of problematic skin types.	Michał Kaniowski PhD

Time	CASINO ROOM BTMED GRANT	
16:00 - 16:30	Hybrid thulium laser 1927 nm & erbium-glass 1550 nm	Bartłomiej Sobolewski MD

Time.	ROOM A – FACE Moderators: Michał Różalski PhD, Marcin Ambroziak MD PhD		Time	SALA B – DIVERSE TECHNIQUES, DIVERSE POSSIBILITIES Moderators: Professor Barbara Zegarska MD PhD habilitated, Professor Waldemar Placek MD PhD habilitated	
17:15 – 17:30	Feminization and Masculinization with fillers - everything you need to know.	Kamil Pielaszkiwicz PhD REGENOVA THERAPEUTICS GRANT	16:45 - 17:00	Glutathione - the most powerful antioxidant protection for cells.	Artul Kamzol ACTIVLAB ESTHETIC GRANT
17:30 - 17:45	Natural Vs Fake Aesthetics	Bob Khanna PhD	17:00 - 17:15	FACE LIPOLYSIS WITH MICHELANGELO BY RENAISSANCE: An innovative approach to facial contouring.	Siegfried Schmidt PhD INTO BEAUTY GRANT
17:45 - 18:00	Mid face & fillers, cross technique & ultrasound procedure.	Hughes Cartier PhD	17:15 - 17:30	Use of different types of hyaluronic acid in young people depending on the facial region. Standards of selection according to site, depth of administration and desired effect	Wojciech Marusza MD PhD hab.
18:00 - 18:15	The role of the cannula in superficial “microlifting” of the face using cross-linked hyaluronic acid.	Łukasz Rdzanek PhD	17:30 - 17:45	Profhilo in forehead and temples bio-modelling.	Bożena Jędrzyk IBSA GRANT
			17:45 - 18:00	Hybrid laser techniques.	Bartłomiej Sobolewski PhD
			18:00 - 18:15	Masculinization/feminization of the face in transgender patients.	Jerzy Iskrzycki PhD

CONGRESS DINNER 20:30

SUNDAY 16th JUNE

Time	ROOM A - SKIN DISCOLOURATIONS Moderators: Professor Barbara Zegarska MD PhD habilitated, Dorota Roguś-Skorupska MD PhD		ROOM B AESTHETIC GYNAECOLOGY AND ANDROLOGY Moderators: Professor Mariola Marchlewicz MD PhD habilitated, Professor Violetta Skrzypulec-Plinta MD PhD habilitated	
09:00 - 09:15	All we need to know about cholasma.	Michał Kaniowski PhD	Treatment of lichen atrophicus of the genital area.	Julia Sieczych PhD
09:15 – 09:30	Discolouration and skin ageing	Professor Barbara Zegarska VICHY GRANT	How modern gynaecology helps women achieve happiness.	Agnieszka Czarnecka-Świerkot PhD
09:30 – 09:45	The synergism of Thiamidol and Laser Treatments.	Professor Firas Al-Niimi EUCERIN GRANT	What about sex during menopause.	Professor Violetta Skrzypulec -Plinta
09:45 – 10:00	Chemical peeling in the age of laser therapies.	Joanna Magdziarz-Orlitz MD PhD	Suburethral slingplasty - the best and fastest treatment for stress urinary incontinence.	Maciej W. Socha MD PhD habilitated in medicine and health sciences
10:00 – 10:30	MELASYL - an innovation in the fight against hyperpigmentation. A new look at hyperpigmentation therapy	Dr n. med. Marcin Ambroziak, Prof. dr hab.n.med. Bartłomiej Kwiek VICHY LA ROCHE POSAY GRANT	The effect of dermatological treatment on male reproductive abilities	Professor Mariola Marchlewicz MD PhD habilitated
10:15 – 10:30			Battle	

Time	ROOM A Special treatments Moderators: Iwona Marycz-Langer PhD Marta Tazbir PhD		ROOM B HAIR Moderators: Danuta Nowicka MD PhD habilitated Professor Waldermar Placek MD PhD habilitated	
	10:30 – 10:45	Skin rejuvenation of the hands: lasers + stimulators.	Julia Volyk PhD	Pneumatic mesotherapy with dutasteride.
10:45 – 11:00	Comprehensive approach to the treatment of the neckline wrinkles with PDO threads and biostimulators.	Iwona Marycz-Langer PhD	Alopecia mimicking alopecia areata. How to avoid a mistake?	Professor Lidia Rudnicka PhD habilitated
11:00 – 11:15	New era of procedures in body contouring and collagen stimulation.	Dr Maria Trifonova	Biostimulators in the treatment of alopecia.	M. Wawrzynkiewicz MD PhD CROMA GRANT
11:15 – 11:30	Regenerative and non-invasive medicine in the treatment of scars and stretch marks and skin aging: clinical and biopsy studies in more than 1,200 patients.	Dr n. med. Anna Skwarek GRANT FIRMY INTO BEAUTY	Quality of life and sexuality improvement after stem cell treatments in women with androgenetic alopecia	Danuta Nowicka MD PhD habilitated
11:30 – 11:45	Combined protocols: lips/nose, nose/chin	Łukasz Ordynowski PhD	The implementation of the results of scientific research in industrial practice – on the example of cosmetics industry	Professor Tomasz Wasilewski PhD habilitated
11:45 – 12:00	The effects of individual aesthetic procedures	Marta Tazbir PhD	New developments in the treatment of androgenetic alopecia.	Justyna Milewska PhD

Time	CASINO ROOM TOTIS GRANT	
11:00 - 12:00	Facetem. A new generation of collagen stimulation. Risk-free. Clinically proven	Maria Trifonova MD

Time.	ROOM A FACE PART II Moderators: Bartłomiej Kwiek MD PhD, Magdalena Korwin MD		ROOM B HOW TO LIVE LONG AND BE YOUNG, BEAUTIFUL AND HAPPY? Moderators: Professor Tomasz K. Wojdacz MD PhD habilitated, Professor Dariusz Włodarek MD PhD habilitated	
	12:00 - 12:15	Non-surgical forehead lift. Efficacy and safety.	Robert Chmielewski PhD	I am so beautiful.
12:15 - 12:30	Success in eyelid skin cancer therapy.	Wojciech Adamski PhD	Longevity medicine. Is it possible to live healthier, better and longer?	Dorota Szostek PhD SENSE MED CONCEPT GRANT
12:30 - 12:45	My techniques for non-surgical nose correction.	Joanna Gruber Miazga PhD	Epigenetic beauty	Professor Tomasz K. Wojdacz MD PhD habilitated
12:45 - 13:00	Plastic intervention or aesthetics - how to combine it: my own experience.	Magdalena Korwin PhD	How to remember that you are beautiful, young and rich?	Maciej Czarnecki PhD
13:00 - 13:15	The novel ATMP effect on melasma, rosacea and aging skin repairs.	Dainius Balčūnas PhD	Dietary strategies in body mass reduction	Professor Dariusz Włodarek MD PhD habilitated
13:15 - 13:30	Is phenol an alternative for blepharoplasty?	Michał Różalski PhD	Why doesn't semaglutide work on me? Everything about compulsive behaviours.	Jagna Ambroziak MA

Time	ROOM A SCARS Moderator: Marcin Ambroziak MD PhD	
13:30 - 13:45	Surgical methods of scar correction.	Artur Pasternak PhD
13:45 - 14:00	Pneumatic drug delivery system. Effectiveness of scar treatment.	Aleksandra Buller Rosiak PhD
14:00 - 14:15	Combined treatment of scars.	Andrzej Koczorowski PhD
14:15 - 14:30	Battle	

CLOSING OF THE CONGRESS 14:30